Letters intended for publication should be a maximum of 500 words, 10 references, and one table or figure, and should be sent to the editor at the address given on the inside front cover. Those responding to articles or correspondence published in the journal should be received within six weeks of publication.

Listening between the lines: what BAT really thinks of its consumers in the developing world

In an audio recording of the “Structured Creativity Conference” held in Hampshire, UK in June 1984, British American Tobacco (BAT) adds context to the written report of market- and product applications. Employees are taped brainstorming creative ways to push their product in light of future marketing constraints and social pressure towards a smoke-free society. Project proposals included the following: low sidestream smoke, a smoke-free society. Project proposals included the following: low sidestream smoke, “front end lift” cigarette design to give the smoker more “impact” on the first puff, pleasant smelling sidestream smoke, and nicotine inhalers—“Forget about smoking...GO FOR A QUICKEE.” No tar with nic, is what makes the body kick.”

One of the most interesting proposals came from Ian Ross from a Finland subsidiary, who later became the head of international brand strategy at BATCo in the early 1990s. Ross’s proposal, the “LDC (less developed countries) business at BATCo in the early 1990s. Ross also discusses the target group—urban, male, between 18–30, and “aspiring lower middle” socioeconomic class—and says: “I have not gone into psychographics...I have no idea what the psychographics of the average black farmer is.”

Another conference participant ruminates, “We could sell them to the Palestinians if we made the plastic hard enough that you could rip the end off and put your shells in them...” This discourse, not found on the written presentation, between the BAT marketing and product development personnel was obviously not meant for public consumption, nor is it new information that the tobacco industry targets the developing world. A patent search in the UK resulted in no individually heated sealed cigarette applications. What is of great interest to those of us who spend our time searching through page after page of internal tobacco industry documents is the significant difference between what is written and what is said. David Schechter, the former BAT lawyer, recently explained the “mental copy rule” to the US Department of Justice, which assumed that anything one would write could end up being used publicly or legally against the company. This leads to the obvious question: Are we overlooking important research tools in the form of non-written material?

Eclipse: does it live up to its health claims?

We read the recent article by Slade et al with great interest and agree that reasonable regulation focused on the development and appropriate evaluation of potentially reduced risk cigarettes is warranted. Furthermore, we agree with Slade et al that the results of our evaluation indicate that Eclipse may offer potential benefits to smokers. However, we disagree with several of the other conclusions drawn by the authors.

The article challenges the merits of Eclipse and questions the fundamental differences between Eclipse and other cigarettes. It is not possible within the context of this letter either to fully describe the scientific data that has been developed to characterize Eclipse or to address many of the criticisms of Eclipse raised in Slade’s article. However, we briefly address pertinent issues below and encourage interested parties to independently evaluate all of the available information.

Slade et al have inaccurately represented the claims that RJ Reynolds Tobacco Company (RJRT) has made regarding Eclipse. No cigarette is without risk, including Eclipse. Our advertising for Eclipse states “The best choice for smokers who worry about their health is to quit. But Eclipse is the next best choice for those who have decided to continue smoking.” Our advertising also makes it clear that RJRT does not claim that Eclipse is without risk including Eclipse. This discourse, not found on the written presentation, between the BAT marketing and product development personnel was obviously not meant for public consumption, nor is it new information that the tobacco industry targets the developing world. A patent search in the UK resulted in no individually heated sealed cigarette applications. What is of great interest to those of us who spend our time searching through page after page of internal tobacco industry documents is the significant difference between what is written and what is said. David Schechter, the former BAT lawyer, recently explained the “mental copy rule” to the US Department of Justice, which assumed that anything one would write could end up being used publicly or legally against the company. This leads to the obvious question: Are we overlooking important research tools in the form of non-written material?

References
Comparisons of Eclipse mainstream smoke constituent yields to the yields of very low yielding ultra low “tar” cigarettes (Now Box and Carlton Soft Pack) obtained by machine smoking do not change the fact that Eclipse cigarettes may present smokers with less risk of certain smoking related diseases than other cigarettes. RJRT scientists have recently demonstrated Eclipse is significantly less mutagenic on a per mg “tar” basis than either Carlton Soft Pack or Now Box and in experiments conducted by both the Massachusetts Department of Health and the Canadian federal government. In addition, Eclipse was significantly less cytotoxic on both a per mg “tar” basis and a per cigarette basis under the same range of machine smoking conditions.

As noted by Slade et al, smokers typically take larger and more frequent puffs than those specified by the US Federal Trade Commission puffing regimen and they typically smoke Eclipse differently than their usual brand. Therefore, it is essential that a weight-of-the-evidence approach, including studies in smokers, be used to characterise potential differences between Eclipse and other cigarettes. Urine mutagenicity studies conducted in smokers demonstrate that smokers of ultra low “tar,” full flavour low “tar,” and full flavour “tar” cigarettes all experience substantial, statistically significant reductions in mutagenic metabolites compared to a reference cigarette (RJRT) has conducted on Eclipse. Our study is contrary to the published position of the National Cancer Institute, which recently concluded that all existing tobacco burning cigarettes present equivalent risk.

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Author’s reply
Swauger argues that based on the weight of the evidence, Eclipse, compared to other cigarettes, may present smokers with less risk of cancer and other smoking related diseases. He bases this conclusion on “weighing” the scientific research RJ Reynolds Tobacco (RJRT) has conducted on Eclipse. Our study drew the opposite conclusion. Our analysis of the Eclipse research suggests that Eclipse is less toxic or more toxic than a number of conventional cigarette brands. RJRT claims “there is no cigarette like Eclipse” based on a comparison of the smoke chemistry of Eclipse with a typical ultralight, Merit. We tested Eclipse against two other ultralight cigarettes, Now and Carlton, and found the smoke concentrations of four major carcinogens doubled in the 2000 version. The concentration of NNK was 123% greater than RJRT’s early 1988 version of Eclipse called Premier. In 2001, the Institute of Medicine’s report “Clear the Air” determined that there was insufficient evidence to conclude that any current marketed tobacco product, including Eclipse, actually met the promise to reduce exposure to toxins or reduce harm.

Since the introduction of Eclipse, a number of other products have been brought into the market place that make explicit or implied claims of being “safer” than conventional cigarettes. These include Omni, Advance, Accord, and a soon to be released Philip Mor- rison product called SCOR. Our study highlights the need for regulation of these products and associated claims by independent agencies such as the US Food and Drug Administration (FDA). RJRT could help “Clear the Air” by supporting pending FDA legislation, Food and drug manufacturers are not allowed to introduce new products into the market and make claims based solely on their own internal research, and nor should tobacco manufactur- ers. RJRT truly believes that they can reduce risks of lung cancer and other diseases, the company should request the FDA to evaluate its scientific research and claims before marketing it at the retail level nationally.

G N Connolly
Massachusetts Department of Public Health
250 Washington Street, Boston, MA 02118-4619, USA; greg.connolly@state.ma.us

Reference
1 Slade J, Connolly GN, Lymperis D: Eclipse: does it live up to its health claims? Tobacco Control 2002;11(suppl II):i64–70.

Seasonality in cigarette sales: patterns and implications for tobacco control
Cigarette smoking is the leading public health problem in the USA, contributing to over 400 000 deaths a year. Given its importance, the tobacco control community should be aware of all significant patterns in the consumption of cigarettes that may be relevant to efforts aimed at tobacco control. Unfortunately, little attention has been paid to the seasonal nature of smoking. Findings on seasonal patterns may have major implications for the timing of interventions designed to manage the tobacco problem, both in the USA and in other countries.

In this letter, monthly data for cigarette sales at the state level for the USA are analysed to test for the presence of seasonality and to characterise the phenomenon. The results reveal a seasonal pattern that is significant both in the statistical sense and in magnitude. This includes a drop in the winter months of January and February, and an increase during the summer months of June, July, and August. Because seasonality in sales does not reflect seasonality in production, it must be inferred that the season- ality is driven by wholesale and retail phenomena, including consumption.

The data used in this study are monthly figures for sales of cigarettes by wholesalers aggregated at the state level between January 1983 and July 2000. Until December 1997, the Tobacco Institute was responsible for their collection. For the period following this, the firm Orzechowski and Walker produced the data.

J E Swauger
RJ Reynolds Tobacco Co, Winston-Salem, North Carolina, USA

Correspondence to: James E Swauger, PO Box 1487, Winston-Salem, NC 27102-1487, USA; swauger@rjrt.com

References
1 Slade J, Connolly GN, Lymperis D: Eclipse: does it live up to its health claims? Tobacco Control 2002;11(suppl II):i64–70.

www.tobaccocontrol.com
The first method was spectral analysis, which identifies cyclical patterns in the data. If a cycle of a particular length is revealed to be important, then a systematic phenomenon may be inferred to underlie the pattern. In the case of seasonality, a cycle of period 12 months would stand out, and the spectrogram of the data would be statistically different from that produced by a white noise or uniform random process (Bartlett’s test). The null hypotheses of no stable seasonality in any one year cycle in the data, the two months were uniformly high or low for any state, for the “high-2” and “low-2” months was computed by state. Columns 5–8 show the most frequent of the appearance of the months in seasonality analysis, a number of indicators were generated. The p values in table 1, column 3 correspond to the null hypotheses of no stable seasonality in sales. At a significance level of 5%, the null hypothesis of no seasonality is rejected for all the states.

In percentage terms, the seasonal effect is large—as column 4 shows, the mean annual range (difference between high and low factors) across the 17 years is about 30%. To put this in perspective, assuming a price elasticity of −0.4, a 30% drop in sales would require a 75% increase in cigarette prices.

Next, to identify the months for which sales were uniformly high or low for any state, for any one year cycle in the data, the two months with the highest and the two with the lowest seasonal components were selected, and the frequency of the appearance of the months in the “high-2” and “low-2” months was computed by state. Columns 5–8 show the most frequently appearing high and low months. For 42 states, January and February are a “low” season for but one state, and June appears as a “high-2” seasonal factor across the 17 years is about 30%. To put this in perspective, assuming a price elasticity of −0.4, a 30% drop in sales would require a 75% increase in cigarette prices.

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sales, and June, July, and August, a “high” season.

Possible causes of seasonality include the effect of climate on smoking behaviour (low in cold weather and high in mild weather, especially in view of now widespread indoor smoking restrictions across the USA), the timing of tax changes (December-January or June-July), the timing of the new fiscal year (June-July), the timing of school year (August-June), and the timing of quitting efforts tied to New Year’s resolutions (December-January). In the obvious extension to this research, the determinants of this potentially important statistical phenomenon will be analysed in detail.

The present findings demonstrate that sales of cigarettes in the USA have a strong seasonal component. This has potential implications for the timing of cessation initiatives and other time dependent policies. The seasonal component. This has potential implications for this research, the determinants of this potentially important statistical phenomenon will be analysed in detail.

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concern about what BATCO’s competitors might be doing to their “low delivery cigarettes” (that is, low machine measured tar and nicotine yield cigarettes) in order to create brand allegiance. Kilburn proposed that a regular etorphine dose of as little as 0.2 µg per dart would be sufficient to create an addictive craving for the source. He also claimed that the required delivery of around 7 ng per cigarette (or around half the delivery of benz[a]pyrene) would be analytically difficult to measure.

Etorphine is a powerful drug with heroin-like effects, which include respiratory failure in the case of overdose. It may be more familiar to veterinarians who are registered to use etorphine dart with such high potency that a tiny quantity injected from a dart can immobilise an elephant.

The dangers of etorphine to humans have been dramatically demonstrated in accidents during veterinary use, as there have been fatal overdoses to veterinarians attempting to dart large unryu animals. Reputedly, a mere scratch from an etorphine dart has been sufficient in some cases to provide a fatal overdose. As a consequence of these fatalities, veterinarians who are registered to use etorphine must now have an assistant standing by with a dose of an etorphine antagonist in hand.

These observations on the dangers of etorphine underscore Green’s and Kilburn’s essential point: very low concentrations of certain psychoactive substances may be sufficient to produce important effects, including addiction. Fortunately, etorphine has become much more readily detectable in recent years than Green and Kilburn suggested was the case 25 years ago. Forensic toxicologists have put considerable effort into developing highly sensitive detection methods. However, in a world market with minimal regulation of cigarette additives and limited testing capacity outside the industry’s own laboratories, we should remain concerned about what the tobacco industry might be willing to do in order to create “brand allegiance”.

W King, R Borland
VicHealth Centre for Tobacco Control, the Cancer Council Victoria, Victoria, Australia

M Christie
Department of Pharmacology and The Medical Foundation, University of New South Wales, Australia

Correspondence to: Bill King, VicHealth Centre for Tobacco Control, the Cancer Council Victoria, 1 Rathdowne St, Carlton, Victoria 3053, Australia; bill.king@cancervic.org.au

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How to critique consultancy reports?

The recent proposals for smoke-free legislation in many countries have spawned a multitude of studies which attempt to predict the financial impact of such legislation. As described by Scollon et al in this issue of Tobacco Control, many of these studies fail to achieve basic quality standards and this is more likely when the tobacco industry funds the study. However, findings from such flawed studies can influence policy makers and it is essential that public health advocates have strategies to counter their impact.

In Hong Kong in 2001, the government proposed to make all workplaces, including catering venues, smoke-free.1 A consultancy report for the catering industry, funded by the tobacco industry, was published shortly after and concluded that the legislation would cause catering industry revenues to drop by 10.6% leading to job losses. This report was based on a survey of customers to catering venues, self reported spend on eating and drinking, and self predicted changes in the event that catering venues were made smoke-free. Since the methods used were not made clear in the report, we had to attempt to validate or refute the report mainly by an assessment of its findings. We found the following questions useful: (1) Was the sample used for the consultant’s survey representative of the population being studied (customers of catering venues)? Since we could not tell if the sample selection was done properly, we had to look at sample characteristics. The prevalence of smokers was much higher than in other survey data indicating a bias in the sample. (2) Did the data, when extrapolated/aggregated, agree with other standard data sources—for example, government statistics? Much of the basic data collected by the consultants was not disclosed in their report but, in their case, they had to present some—for example, average weekly spends in the different types of catering venues. From these data we could estimate (a) expected weekly revenue in the catering industry, (b) approximate market shares for the different types of venue, and (c) weekly spend on eating out per household if the consultant’s data were valid. Each of these estimates was quite implausible when compared with data from the census and other government sources. (3) Could the consultant’s findings be reproduced to shed light on the methods used? Using a subset of data based on random sampling, we tried to recreate the consultant’s findings by deliberately introducing biases and incorrect aggregations which we suspected were present in the consultant’s methods. In this way we were able to produce an almost identical set of results from the new data. On the other hand, when we analysed the new data in an appropriate fashion, we predicted a rise of 5% rather than a drop of nearly 11% in catering revenues.

The best means of influencing policy on smoke-free catering venues is to use objective data from the new data in an appropriate fashion. Women stating an interest in receiving help were asked “Do you think you might want to stop in the next month, or might you prefer to try a bit later on?” and “Would you be interested in receiving some help from the hospital with stopping?” (“yes” or “no”). Of the 207 smokers interviewed (fig 1) the major large majority were not in professional/managerial occupations (85.0%, 176/207), were white (75.8%, 157/207), and attended their first antenatal booking visit in the first trimester (66.7%, 138/207) rather than in the second trimester. The mean (SD) duration of pregnancy was 18.6 (5.6) weeks and the mean (SD) reported number of cigarettes smoked per day was 7.3 (6.1).

Of those women reporting that they were thinking about stopping smoking 44.7% (67/150) expressed an interest in using NRT. Interest in NRT was higher among women who reported smoking more cigarettes per day (analysis of variance (ANOVA); F = 7.6,
The distinction between a cigarillo and a cigarette has important legal and financial implications. Since the wrapper of a cigarillo contains tobacco, cigarillos are taxed at the same rate as small cigars. As early as 1902, the US federal tax rate for small cigars was 4 cents per pack of 20, while the rate for cigarettes was 39 cents per pack of 20. While all 50 states impose a tax on cigarettes, only 45 states impose a tax on cigars, which are lower than their cigarette tax. If Voodoo cigarillos are taxed at the rate of cigars, the lower federal and state taxes mean a higher profit margin for the merchant and/or lower prices for consumers.

In addition to tax differences, labelling the Voodoo product as a cigarillo has important consequences for their regulation. Several states have expanded their definition of tobacco products to include bids, making sales to minors illegal. Illinois, Vermont, and West Virginia banned the sale of bids completely. More recently, California passed a bill prohibiting the sale, distribution or importation of bids except by businesses that prohibit minors, such as bars and casinos. Also, federal legislation to halt the importation of bids into the USA was introduced in 2001. If by being sold as a cigar product, Voodoo cigarillos would get around the ban on bid sales in some states.

This new product emerges at a time when bidi sales are vulnerable to increased regulation at the state, and possibly the federal level, as well as higher cigarette excise taxes in 19 states in 2002. The Voodoo cigarillo may be a clever way for the tobacco industry to circumvent the regulations and restrictions imposed on bids. Voodoo cigarillos should be reliably tested to determine if manufacturers and vendors are in compliance with federal and state laws.

D Delneo, M Hrywna, M J Lewis, S Yulis
University of Medicine and Dentistry of New Jersey
School of Public Health, New Brunswick, New Jersey, USA

Correspondence to: Cristine Delneo, 335 George Street, Liberty Plaza Suite 2200, New Brunswick, NJ 08903-2688, USA; delnevo@umdnj.edu

References

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M Ussher, R West
Department of Psychology, St George’s Hospital Medical School, London, UK

Correspondence to: Dr Michael Ussher, Department of Psychology, Hunter Wing, St George’s Hospital Medical School, University of London, Cranmer Terrace, London SW17 ORE, UK; m.ussher@sgmhs.ac.uk

Conflicts of interest: Robert West has previously been involved in research and consultancy sponsored by manufacturers of nicotine replacement therapy.

Voodoo cigarillos: bids in disguise?

As part of its routine monitoring of emerging tobacco products, “Trinkets & trash: artifacts of the tobacco epidemic”, a collection of current and historic tobacco marketing (www.trinketsandtrash.org), recently identified a new tobacco product called Voodoo cigarillos. They are exclusively manufactured in India for the US based Kretek International, a specialty tobacco distributor whose exclusive product line includes Djaram clove cigarettes, Darshan bids, and Dreams multi-coloured and flavoured cocktail cigarettes. The Voodoo cigarillos we obtained were flavoured and, as with bids, consisted of tobacco flakes wrapped in a leaf tied with a small string. Aside from a slightly larger and more uniform cylindrical shape, Voodoo cigarillos appear to be nearly identical to bids (fig 1). Only the name on the package would identify it as a cigarillo. US federal regulations define a cigar as any roll of tobacco wrapped in leaf tobacco or in any substance containing tobacco. Voodoo cigarillos appear to be wrapped in tendu leaf, which do not naturally contain tobacco.

So, ask, is this new product a cigarillo or a bidi with new packaging? Federal regulations define a cigarette as any roll of tobacco wrapped in paper or in any substance not containing tobacco. The US Bureau of Alcohol, Tobacco and Firearms previously concluded the bidi wrapper did not contain tobacco and, therefore, bids were subject to the federal cigarette tax.

Figure 1 Participant flow. PAS, patient administration system.

Figure 1 Voodoo cigarillo and Darshan bidi.
Smoking in children’s picture books

The other day, one of the authors went to a public library with his 3 year old daughter to read some picture books to her. Various picture books, from classic to newly published, were available. Classic books are her favourite. First, she chose a book portraying adventures of a naughty monkey named Curious George (by HA Rey). He came to an industrialised country with a man in a yellow hat. My daughter pointed to a picture of the man holding a pipe between his lips. A smoking scene in a picture book for small children!

The next book she chose depicted an elephant named Babar (by Jean De Brunhoff) that fled from his country to Europe after his mother was killed by men. After coming back to his country with western technologies, he changed elephant society into Western-style society and became a king. Again, the King Babar was holding a pipe.

The third book was depicting a monster named Barbapapa living with François’ family (by Tison and Taylor). He had a mysterious ability to metamorphose into anything he desired. Unfortunately, in this attractive book, François’ father was always holding a pipe. Another supporting character was smoking a cigar. Smoking seems to be a symbol of manhood in these children’s picture books.

My daughter then opened books about Moominvalley (by Tove Jansson) and Tintin’s adventures (by Herge) in which some characters were smoking. Finally, I myself selected a book depicting Father Christmas (by Raymond Briggs). On Christmas Eve, Father Christmas delivered presents to children all over the world. After the labourious job, he took a rest smoking a cigar and a pipe.

Picture books reflect the norms or perceptions of our societies. These classic children’s books were first published in times when smoking was not widely acknowledged as harmful and a smoking male adult was one of the sex stereotypes. In addition, pipe smoking seems acceptable in such picture books compared with cigars or cigarettes which are seldom seen.

Caregivers frequently read picture books aloud to children at home, kindergartens, or daycare centres, which may have a considerable influence on preschool children. Young children receive strong messages from pictures. Seeing adult males smoking in picture books, they may take it as a desirable behaviour.

It would be unacceptable to remove smoking scenes from these classic books or eliminate the books themselves. What we can do is to become aware of the potential influence of these books and take a negative attitude to smoking when we read to children. Fortunately, the man in a yellow hat seems to have quit smoking in the new series of George’s adventures.

S Nakahara, S Wakai, M Ichikawa
Department of International Community Health, Graduate School of Medicine, The University of Tokyo, Japan

*Correspondence to: S Nakahara, 7-3-1, Hongo, Bunkyo-ku, Tokyo 113-0033, Japan; shinji@m.u-tokyo.ac.jp

Getting them while they’re young in China. Submitted by Professor TH Lam, Hong Kong.
Smoked-filled rooms: a postmortem on the tobacco deal


Smoke and mirrors

Cigarettes are a major cause of premature death. Cigarettes are addictive. Secondhand smoke can be annoying, but is really not enough of a health risk to justify banning smoking in indoor environments. Payments to states in the Master Settlement Agreement were unjustified since cigarettes are self-financing. States actually save money because smokers die young. Lawsuits against the tobacco industry are without merit, since smokers have long known about the health risks. Continuing efforts to warn the public about the health risks of smoking are unwarranted since public awareness of these risks are now universal. Filters and low tar technology have made cigarette smoking safer, but more could be done to encourage cigarette manufacturers to produce a less toxic cigarette. The government should focus on giving smokers information about the risks posed by different types of cigarettes, which would foster and increase competition in the development of safer cigarettes while at the same time preserving individual choice.

Such are the views expressed by Harvard Law Professor W Kip Viscusi in his new book entitled. If cigarette smoking hasn’t already caused one to become short of breath, reading this book surely will. Viscusi’s selective presentation of data on what was then a mass of confusing information doesn’t always contribute to an informed judgment. By way of example, the dangers of secondhand smoke, the benefits of filtered and low tar cigarettes, and ultimately who should be held accountable for the massive toll caused by smoking cigarettes is breathtaking. This book leaves one with the impression that the cigarette industry and not the American public has been the victim in what has been a massive money grab by greedy trial lawyers and grasping starved state attorneys general. It appears that Dr Viscusi has spent a few too many hours in smoked filled rooms to be able to reasonably separate fact from fiction. However, one fact is crystal clear—Viscusi is not the unbiased observer or analyst that the public has been led to believe. He acknowledges that he has served as an expert witness for the cigarette industry. Thus, his diatribe against plaintiff lawyers, some of whom have risked their own personal fortunes to shed light on the lies and deceit of the cigarette industry, seem misplaced. Viscusi ought to take a look in the mirror.

Reading this book leaves one with the impression that the cigarette industry bears no responsibility for marketing what is admittedly a lethal and addictive product that results in the premature death of one out of every two users. Viscusi dismisses the evidence that the cigarette industry knowingly misrepresented the dangers of smoking to the American public on the grounds that smokers knew everything they needed to know about smoking in order to make an informed choice. However, one needs to question whether this assumption is correct. The evidence presented in chapter 7 to support the claim that smokers are fully informed is far from compelling. Viscusi misrepresents polling data showing that the public has long been aware of medical reports linking smoking and cancer as evidence that smokers were fully informed of health risks. He must surely recognise that having a general awareness that smoking causes cancer does not necessarily translate into a belief that one is in fact at risk of developing cancer. In fact studies conducted by Viscusi himself demonstrate that smokers as a group are less likely to perceive health risks from smoking compared to nonsmokers. He also fails to mention the knowledge deficits that many smokers have regarding compensatory smoking, the lack of benefits from smoking filtered and low tar cigarettes, and product defects. Viscusi ignores evidence revealing how cigarette manufacturers have designed their cigarettes to induce dependency on nicotine. He also conveniently ignores the data showing that most people begin their smoking careers during their teenage years when health concerns about smoking and addiction are not in the realm of consciousness. Viscusi’s chapter on the factors involved in youth smoking behaviour represents an exercise in selective recall, laying the blame for youth smoking mainly on parents. Hardy a mention is given to the billions of dollars spent annually by cigarette companies to advertise and promote cigarettes. Viscusi also ignores the mountains of internal industry documents that openly discussed the importance of the youth market to the economic viability of the cigarette industry. Instead he accepts at face value the industry’s line that they don’t want kids to smoke. Viscusi’s remedy for the youth smoking problem is to get parents to do more to keep their kids from smoking and to enact policies to prohibit the sale of unconventional cigarettes like bidis. The discussion of bidis is especially odd since he himself has shown that they smoke these products; instead teenagers smoke Marlboro, Newport, and Camel. Thus, while one can hardly argue with Viscusi’s plea for better parenting, his failure to recommend stronger measures to curb how tobacco companies market their cigarettes to attract the attention of youthful smokers makes the sincerity of his recommendations suspect.

Viscusi’s chapter on the health risks associated with secondhand tobacco smoke is grossly uninformed. Much of this chapter reads like it was drawn from industry sponsored websites that have been designed to spread misinformation, downplaying the health risk from secondhand smoke exposure to a wider array of health risk. Remarkably, Viscusi suggests that limits on indoor smoking are unjustified and bad for the economy because such restrictions cause smokers to consume fewer cigarettes, and, therefore, “losses accrue to society in terms of foregone taxes”.

Viscusi’s sharp criticism of current public health campaigns to warn the public about the health risks of smoking defies common sense. According to Viscusi, since public awareness of the health risks of smoking are nearly universal, there is no need to repeat these messages. In fact he argues that such efforts are counterproductive because people are likely to form unrealistic risk perceptions about smoking. Such reasoning is illogical. By analogy, if one were to accept Viscusi’s premise that once the public recognises the health risks of smoking there is no need to reinforce health messages, then one would also have to accept the idea that there is no need to spend a dime advertising Marlboro cigarettes since the Marlboro Man is nearly universally recognised. Apparently, cigarette manufacturers don’t accept Viscusi’s logic and nor should the public. Declining cigarette consumption in the USA since the 1960s corresponds directly to increased efforts to inform the public of the dangers of tobacco use. Viscusi’s criticism of the current wave of edgy in your face counter-advertising campaigns ignores the evidence that these programmes are actually reducing cigarette consumption. Instead of continuing these effective public health campaigns, Viscusi recommends that the government refocus its efforts towards giving smokers information about the risks posed by different types of cigarettes in the hope that this would move smokers to use less toxic cigarettes.

Viscusi is correct in noting an important deficiency of the Master Settlement Agreement that has made it difficult for new tobacco companies to enter the market, thus dampening competition for the development of potentially safer tobacco products. However, his credibility on this subject is diminished by his acceptance of the view that filtered and low tar cigarettes have actually benefited the public’s health. Convincing evidence to demonstrate a measurable public health benefit gained from lowering the tar yield of cigarettes has proven elusive. Moreover, on a population wide basis, a strong argument can be made that the marketing of lower tar cigarette brands had an adverse impact on the public’s health by convincing a segment of smokers who might have otherwise stopped smoking to maintain their smoking behaviour under the illusion that their disease risk would be reduced by switching to a filtered low tar cigarette.

In summary, Smoked-filled rooms reads more like a legal brief written by a team of tobacco industry lawyers instead of a thoughtful commentary on the legal, financial, and social consequences of smoking. As such this book is a must read for plaintiffs’ attorneys, but for the rest of us we should stick with “smoke-free rooms”.

K M Cummings

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Disclosures

K Michael Cummings is not an unbiased observer of Dr Viscusi’s research and writings. He has served as a paid expert witness on behalf of plaintiffs counsel in several of the same cases in which Dr Viscusi also served as an expert for the cigarette industry. Dr Cummings is currently employed as a senior research scientist and is chairman of the Department of Health Behavior in the Division of Cancer Prevention and Population Sciences at the Roswell Park Cancer Institute in Buffalo, New York, USA. His salary support comes primarily from Roswell Park Cancer Institute and from research funding provided by the National Cancer Institute, the Robert Wood Johnson Foundation, the American Legacy Foundation, and New York State Department of Health. Dr Cummings serves on the medical advisory board for the Flight Attendant Medical Research Institute (FAMRI) and has served on various scientific advisory boards and grant review committees for National Institutes of Health, Centers for Disease Control and Prevention, American Cancer Society, Canadian National Cancer Institute, Robert Wood Johnson Foundation, and state and local health agencies for which he has received honoraria. Dr Cummings has also received honoraria and has accepted hospitality and on a few occasions, travel costs, from pharmaceutical companies making tobacco dependence treatment products.