# How tobacco companies have used package quantity for consumer targeting

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#### **ABSTRACT**

**Introduction** Package quantity refers to the number of cigarettes or amount of other tobacco product in a package. Many countries restrict minimum cigarette package quantities to avoid low-cost packs that may lower barriers to youth smoking.

**Methods** We reviewed Truth Tobacco Industry Documents to understand tobacco companies' rationales for introducing new package quantities, including companies' expectations and research regarding how package quantity may influence consumer behaviour. A snowball sampling method (phase 1), a static search string (phase 2) and a follow-up snowball search (phase 3) identified 216 documents, mostly from the 1980s and 1990s, concerning cigarettes (200), roll-your-own tobacco (9), smokeless tobacco (6) and 'smokeless cigarettes' (1).

**Results** Companies introduced small and large packages to motivate brand-switching and continued use among current users when faced with low market share or threats such as tax-induced price increases or competitors' use of price promotions. Companies developed and evaluated package quantities for specific brands and consumer segments. Large packages offered value-for-money and matched long-term, heavy users' consumption rates. Small packages were cheaper, matched consumption rates of newer and lighter users, and increased products' novelty, ease of carrying and perceived freshness. Some users also preferred small packages as a way to try to limit consumption or quit. **Conclusion** Industry documents speculated about many potential effects of package quantity on appeal and use, depending on brand and consumer segment. The search was non-exhaustive, and we could not assess the quality of much of the research or other information on which the documents relied.

### INTRODUCTION

Tobacco package quantity refers to the number of cigarettes or cigars, the amount of smokeless tobacco (SLT) or the quantity of other product in a package. Local, state and national governments have passed laws limiting tobacco package quantities because of concerns that package quantity can influence tobacco use (21 CFR 1140.16, <sup>1-5</sup> p. 168, <sup>6</sup>). In the USA, it is illegal to sell cigarette packages with fewer than 20 cigarettes, a restriction enacted in most states by the Master Settlement Agreement (1998–2001) and later by federal law (21 CFR 1140.16). A small but growing number of laws restrict minimum package quantities for non-cigarette tobacco products such as cigars (eg, <sup>1-3</sup>), and few laws restrict maximum package quantities.

The rationale for restricting minimum tobacco package quantities is that small packages may lower barriers to use by children.<sup>2 5-7</sup> Critics have used the term 'kiddie pack' to refer to cigarette packs with fewer than 20 sticks<sup>7 8</sup> and roll-your-own (RYO) tobacco packages with less than 16.8g of tobacco, arguing that such packages are designed for youth who are on a tight budget or must conceal the product from adults. 10 Indeed, a 2006 study in Ireland found that youth smokers (aged 12-17) tended to buy cigarettes in packs of 10 (76%), whereas young adults (age 18-24) and older adults (age 25+) tended to buy cigarettes in packs of 20 (60% and 77%, respectively) (11, p. 24). A 1987 study also found that smokers aged 14 and 15 years in one Australian community were more likely than adult smokers to report purchasing cigarettes in a 15-pack (56% vs 9%, respectively).<sup>1</sup>

Aside from these suggestive results, little research has evaluated how package quantity influences tobacco product use or appeal. A recent systematic review of published research on the effects of tobacco package quantity, size and shape on consumption found only three eligible studies, all of which concerned cigarette length. 12

Given the dearth of published information, we examined tobacco companies' previously secret internal documents concerning tobacco package quantity. Millions of industry documents are publicly available in the Truth Tobacco Industry Documents (TTIDs). <sup>13</sup> <sup>14</sup> Few studies have examined documents on package quantity, and only in passing. <sup>15–17</sup> We conducted a review of industry documents to understand tobacco companies' rationales for changing or introducing new package quantities, including their expectations and research regarding how package quantity may influence consumer behaviour.

#### **METHODS**

We searched the TTID in three phases (see table 1). In phase 1, we used a standard snowball sampling technique<sup>18</sup> typical for industry document reviews (eg, <sup>19–21</sup>). In phase 2, we searched a single string of terms. In phase 3, we conducted a follow-up snowball search of additional terms and strings based on documents found in phase 2. In each phase, we identified documents for full-text review if the title or first few pages contained information about research on package quantity or stated a reason for choosing or changing a package quantity; this is opposed to, for example, invoices simply listing products. We reviewed the full text of potentially relevant documents. The search was not limited to consumer research documents, nor was it limited to any particular tobacco product type or geographic



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Table 1 Search strategy			
Phase	Technique	Procedure	Search dates
Phase 1	Snowball sampling	We initially searched the following search terms: 'size'; 'pack size'; 'package size'; 'amount'; 'number'; 'weight'; 'volume'; 'portion'; 'packet'; 'pouch'; 'carton'; 'can size'; 'fin size'; 'pouch size'; 'pouch count'; '(collection: 'Marketing to Youth') AND 'package size')'. These terms were based on initial guesses about how companies may have referred to package quantity. Additional search terms identified when screening and reviewing the initial documents included 'package size configuration'; 'half pack'; 'mini pack'; '10's pack'; '5'; '10's'; '12'; 'value pack'; '25'; 'bulk package'; 'bulk packaging'. Finally, additional documents were located using the TTID's 'more like this' feature and by viewing adjacent Bates numbers. For each search, we screened the first 200 documents returned for relevance. Phase 1 was considered complete when we no longer found new search terms, research findings or motivating factors for package quantity changes. Phase 1 located 53 relevant documents, including 43 concerning cigarettes, six concerning smokeless tobacco and four concerning roll-your-own tobacco.	15 June 2015 to 27 April 2016
Phase 2	Static search	We entered the following search string on September 22, 2017: ((("pack size" OR "package size" OR "can size" OR "tin size" OR "pouch count") AND ("half pack" OR "mini pack" OR "bulk pack" OR "Project Orville" OR "Project Buck" OR "kiddie pack" OR "Project Silver" OR "Craven A" OR "Packaging Evaluation Study" OR "Black Smoker Study" OR "10-pack" OR "10's" OR "5-pack" OR "5's" OR "12-pack" OR "12's" OR "14-pack" OR "14's" OR "15-pack" OR "15's" OR "25-pack" OR "25's")) AND ("plan" OR "report" OR "evaluation")) NOT ("invoice" OR "compliance report" OR "distribution summary" OR "purchase order" OR "docket" OR "product analytical" OR "Cigarette Information Report"). The search returned 3311 results. We screened all of these documents for relevance. Phase 2 located 113 relevant documents that were not covered in phase 1, including 112 concerning cigarettes and one concerning 'smokeless cigarettes.'	18 September to 28 October 2017
Phase 3	Follow-up snowball search of additional terms	We searched the following terms and strings, plus the adjacent Bates numbers of any relevant documents located: "black smoker study" and "10 pack"; "Project Orville"; "Project Buck"; "Project Silver"; "pack size" AND ("consumer pull-out" OR "consumer pullout"); "15's format"; "cigarette segmentation study" AND "pack size"; "pack size" AND "rationing"; title:("pack size"); title:("trial pack"); "pack size starter"~20; "package size starter"~20; "pack size consumption"~10 NOT "docket" NOT "commons" NOT "american society"; "buying habits study" AND ("pack size" OR "package size"); "buyer's study" AND "pack size"; "Packaging Evaluation Study"; "Black Smoker Study" AND "pack size"; "Rationalisation of Pack Size"; "Package Size Evaluation Study"; "Package Size Test"; "12-count pack"; "Pack Size Dynamics"; "Project Delta" AND "pack size"; "new consumers/YAS" AND "pack size"; title:("10's pack"); title:("12-pack"); title: "an program" AND "10 pack"; title: "package size". The searches returned approximately 800 documents in total. We screened all of these documents for relevance. Phase 3 located 50 relevant documents that were not covered in phases 1 or 2, including 45 documents on cigarettes and five documents on roll-your-own tobacco.	19 January 19 to 22 February 2018

location. We restricted the search to documents from 1980 or later to focus on more recent documents. For all relevant documents, we wrote a short summary and extracted information concerning reasons why a company may choose a particular package quantity for one of its products, and research on whether (or why) consumers may use particular package quantities. All authors participated in summarising documents; the first author read all document summaries and viewed all documents to identify emergent themes.

# RESULTS General findings

We identified 216 unique documents (see online supplementary table for descriptions) including research reports, memos and presentations (n=88); memos describing product ideas, marketing plans and marketing decision rationales (n=112); and miscellaneous documents including speech scripts, retailer packets, and trade magazine and news articles (n=16). Much of the consumer research was qualitative; documents describing quantitative research generally did not provide significance tests or effect sizes. Documents included information from the USA as well as Australia, Belgium, Canada, France, Germany, Japan, Korea, Malaysia, Paraguay and others. Most documents concerned cigarettes (n=200), with the remainder on RYO tobacco (n=9), SLT (n=6) and 'smokeless cigarettes' (n=1). Dates ranged from 1980 to 2009, with most from the 1980s (n=117) and 1990s (n=88), and the remainder from the 2000s (n=11).

Companies did not regard either small or large packages as universally superior. Rather, documents discussed the suitability of package quantity changes for specific brands, markets and consumer segments. For example, research evaluated consumers' reasons for liking particular cigarette package quantities separately by brand<sup>22–25</sup> and among smokers differing in attitudes and psychographic characteristics. <sup>26–34</sup> For non-value brands, large packages could potentially detract from perceived quality. <sup>26–28–33</sup> Cigarette brands with low proportions of 'committed' users were viewed as more price-sensitive and vulnerable to competitors' use of package quantity changes to stimulate brand-switching. <sup>34</sup> Smokers were classified into segments such as *commodity smokers* ('price is everything') and *contemporaries* (smokers concerned about health effects), with *commodity smokers* preferring large packages and *contemporaries* averse to them. <sup>29</sup> Documents acknowledged that consumer characteristics and preferences change over time. <sup>29–35–38</sup>

# Package quantity constraints

Companies were constrained in their ability and willingness to change package quantities. For cigarettes, some jurisdictions banned 'sample-pack' sizes,<sup>39</sup> <sup>40</sup> and tax laws created logistical challenges and price penalties for non-standard quantities.<sup>39</sup> <sup>41–44</sup> Package quantity changes sometimes required converting or buying new packing machinery.<sup>45–50</sup> Before launching a product in a new package quantity, companies considered the risk that the product would cannibalise the market share of their other products. <sup>32</sup> <sup>49</sup> <sup>51</sup> <sup>52</sup> Package quantity changes could also provoke negative reactions from competitors such as price wars. <sup>35</sup> <sup>38</sup> <sup>53–56</sup> Companies seemed to initiate quantity changes in markets where a brand had low or declining market share, <sup>35</sup> <sup>37</sup> <sup>52</sup> <sup>57–62</sup> or where competitors

threatened to gain market share using novel package quantities or price cuts. 51 53 55 62-77

# Price, affordability and value

A key reason why companies changed package quantities was to influence consumer behaviour through effects on price.  $^{35}$  Smaller packages could be sold for lower *per-package* prices,  $^{23\,32\,36\,41\,42\,49\,51}$   $^{53\,54\,57\,58\,60\,61\,63\,66-71\,74-76\,78-132}$  and large packages provided *per-unit* value.  $^{25\,29\,36\,38\,42\,45\,50\,52\,53\,55-59\,61-65\,73\,83\,90\,91\,117\,119\,122\,128\,133-182}$ 

Small, low-priced packages were aimed at stimulating purchase by users of competitor brands and maintaining the brand's current user base. 23 32 36 41 42 49 51 53 54 57 58 60 61 63 66-71 74-76 <sup>78–132</sup> For example, one document recommended introducing a 10-pack of Raffles cigarettes to 'facilitate trial, particularly by younger smokers', and to avoid losing Raffles' current smokers to competitors' 10-pack offerings.<sup>49</sup> In qualitative research, some smokers viewed a 10-pack as 'an 'introductory' or 'trial pack' offer' that 'provides a 'low price' way to 'experiment' with a new brand'. 81 Similarly, cigarette research in Belgium found that "St. Michel 20's should be able to attract more new users than St. Michel 25's because of the overall lower per pack price". 23 The 20-pack was also estimated to have a lower price elasticity than the 25-pack, meaning that 20-pack smokers would be less likely to quit smoking or switch brands if the price increased.<sup>23</sup> For non-value brands, small packages were used to reduce prices without a discount that could 'denigrate the brand image'. 78 116 183

Large packages offering a value were similarly used as competitive tools to maintain and expand companies' market share through effects on brand-switching. For instance, a mall intercept study and group interviews found high interest in a 25-pack of cigarettes as an 'economical option' that 'should be cheaper per unit'. 133 In some cases, documents described the potential effects of large-package value offerings on a country's overall smoking rate and sales volume. 38 50 62 Most notably, one cigarette company executive was asked about the effects of a new 25-pack on US cigarette consumption.<sup>38</sup> He responded that cigarette prices had been rising, which 'can increase the quit rate and also decrease the consumption of cigarettes per day'. 38 By providing five extra cigarettes per package, he predicted that the 25-pack could 'address the quitting issue to a degree and also address the rate per day by offering this value'. 38 Another document similarly stated that the 25-pack could 'stabilise the industry volume decline' caused by cigarette price increases. 50 This document compared the idea of a 25-pack to prior innovations such as filtered, 'low tar' and 100 mm cigarettes, which were said to have reversed industry volume declines caused by consumer awareness of smoking's health effects and by cigarette tax increases.<sup>50</sup> However, 25-pack value offerings ultimately captured little US market share, in part because they 'ran counter to smokers' stated objectives of wishing to cut down on smoking'. 42 In contrast, the introduction of a 25-pack in Australia met high consumer demand and sparked a price war as competitors reacted with 30-pack, 35-pack and 40-pack offerings. 62

#### Response to tax increases

Companies introduced new package quantities in response to excise tax increases—both to offset effects on their sales volume and to capitalise on consumers' increased price consciousness and likelihood of switching brands. <sup>30</sup> 32 35 38 50 51 53 58 62 78 90 95 102 123 125 132 134 184–186 In one case, a 15-cigarette pack was introduced because 'taxation had driven up the price... The 15's pack gave new smokers an

opportunity to try Export for under two dollars'. In anticipation of increased cigarette excise taxes, one company evaluated a RYO product in two tin sizes as alternatives to manufactured cigarettes for price-sensitive smokers. The company introduced a 30g product into a marketplace dominated by 50g pouches expecting that 'growth will be generated by its attractive price point in a market characterised by increasing government taxes'. Other documents similarly described how package quantity changes had been used to increase cigarette brands' market share following excise tax increases (eg, <sup>134</sup>) or to retain consumers at risk of switching to value brands (eg, <sup>185</sup>).

# Matching current and desired consumption rates

Companies considered large and small packages as appealing to consumers by matching high <sup>25</sup> <sup>31</sup> <sup>42</sup> <sup>45</sup> <sup>83</sup> <sup>138-144</sup> <sup>188-195</sup> or low <sup>68</sup> <sup>72</sup> <sup>82</sup> <sup>84-89</sup> <sup>108</sup> <sup>110</sup> <sup>111</sup> <sup>128</sup> <sup>137</sup> <sup>188</sup> <sup>194</sup> <sup>196-201</sup> daily use rates. In some cases, consumers' daily use rates were said to differ from standard package quantities. <sup>24</sup> <sup>31</sup> <sup>33</sup> <sup>190</sup> <sup>198</sup> <sup>202-204</sup> In other cases, consumers were said to prefer non-standard package quantities that matched their *desired* use rate. Some smokers believed that larger packs would encourage them to smoke more, which they saw as a downside. <sup>27</sup> <sup>28</sup> <sup>31</sup> <sup>45</sup> <sup>117</sup> <sup>144</sup> <sup>162</sup> <sup>180</sup> For instance, in one study, a top reason for disliking a carton of 20 packs (19 cigarettes each) was that it 'tempts you to smoke more'. <sup>27</sup> Conversely, smokers believed that smaller packs would help them ration their consumption and smoke less, potentially benefiting their health. <sup>22</sup> <sup>79</sup> <sup>83</sup> <sup>84</sup> <sup>89</sup> <sup>128</sup> <sup>188</sup> <sup>189</sup> <sup>205-209</sup>

Several documents stated that, because of effects on consumption rates, marketing small packages may *decrease* overall industry sales volumes.<sup>71 94 122 208</sup> A focus group report concluded that introducing a 12-pack of cigarettes may hurt volume because any new sales from brand-switching 'would be more than offset by smokers who use the twelve pack to cut back'. 208 Other documents similarly noted that 'widespread availability of 10's may result in slightly lower industry volume' because 'light smokers may consume less, given a convenient rationing unit'. 71 122 One company hired analysts to forecast the effects of banning sales of cigarette packs with fewer than 20 sticks in Puerto Rico: The document predicted that 'total market consumption will increase'.94 This was based on the company's observation that 'total market consumption increases with average pack size', which they theorised was because "small pack sizes are purchased in part, by 'Quitters' and 'Occasional' users, who are using the small pack sizes as a self-discipline to reduce consumption or quit smoking altogether". 94 Another document also stated that market modelling had found a positive association between package quantity and sales volume.<sup>210</sup> Relatedly, in Australia, large packs were credited with helping maintain industry sales volumes even as smoking prevalence fell.<sup>62</sup>

# **Inaccurate premarket predictions**

In some cases, companies struggled to accurately predict the effects of package quantity changes on purchase behaviour. <sup>211–214</sup> Research examined the effect of replacing 20-packs of cigarettes in vending machines with 12-packs, priced at per-cigarette parity. <sup>211</sup> The 12-packs led to a 47% decline in the brand's total share of cigarette sales in test-markets. <sup>211</sup> Similarly, Skoal Long Cut suffered market losses after increasing its SLT can size from 1.0 to 1.2 ounces. <sup>212–214</sup> The company's research suggested that the change would not affect consumer behaviour. <sup>212</sup> A document explained the mistake by noting that the research had examined consumption but neglected *purchase patterns*: 'the study provided the cans to the consumers rather than requiring them

to actually purchase the product', <sup>212</sup> leading to 'a significant underestimation of what increasing the can size of Skoal by 20% would do'. <sup>214</sup>

# **Demographic targeting**

Companies used consumer demographics such as age to understand the market for small packages.<sup>24</sup> 27 110 118 199 For example, documents noted that young adult smokers tended to smoke less heavily than older ones.<sup>24 27</sup> Two documents contained data on smokers under age 18: German research collected data on heaviness of smoking and cigarette purchase behaviours among smokers in various age groups, including ages 16-24,<sup>27</sup> and US research examined intentions to buy a 10-pack of KOOL cigarettes among Black smokers in various age groups, including ages 16-20. A Malaysia document noted that packs with fewer than 20 cigarettes 'addressed an important consumer segment' of 'younger consumers or starters with lower consumption needs'. 199 Package quantity surveillance in Puerto Rico found that 14-packs were especially likely to be used by young adults 18-24 years old. 215 Research on 'Project BUCK'—an effort to launch a cigarette 5-pack for \$1.00 in Canada—found that the concept had especially high appeal among smokers who were young (aged 18-34), 'starters' or 'switchers'. These groups' higher interest was thought to be driven by low sensitivity to per-stick prices and low daily consumption rates. 110 The launch of a cigarette 10-pack in Korea sought to generate trial among young adult smokers and 'starters'.7

Race and ethnicity were also examined. 24 216-219 One company considered introducing a 10-pack of 'Inner-City Black Targeted Brand' cigarettes because 'Blacks smoke fewer cigarettes per day and have less money' 216 and because 'this smoker group is cost conscious, but rarely uses coupons or buys generic products'. 217 A Black Smoker Study and a Brand Switcher study assessed whether Black smokers would buy KOOL 10-packs. 218 Test-marketing of a Newport 10-pack found that sales were strongest in 'economically depressed areas' regardless of racial make-up. 219

#### Novelty

Smokers viewed small packages as unique. <sup>24 81 83 109</sup> 198 208 220 221 In focus groups, a cigarette 12-pack was seen as 'cute/a novelty' and 'something which sparked enough curiosity to stimulate a trial'. <sup>208</sup> A subsequent market test found that the 12-pack could be used as a promotional device for several months per year: 'By doing this on a sporadic basis the novelty (the second most mentioned reason for buying) would not wear off'. <sup>222</sup> The imagery associated with small packages was not always appealing <sup>223</sup> <sup>224</sup>: Focus group research on cigarette 10-packs and 14-packs suggested that 'modifications would need to be made to the package to mitigate both 'feminine-looking' and/or 'sample size' feelings'. <sup>224</sup>

#### Ease of carrying or concealing

Smaller packages were sometimes appealing because they made products easier to carry. 30 83-85 88 89 128 137 189 193 224-226 A RYO pouch that was 30% smaller than others on the market was seen as 'a convenient size for social occasions'. 30 Qualitative research in Paraguay found that 10-packs of cigarettes were 'easier to carry around'225; focus group participants stated that "'youngsters' (ages 10–13) like the '10's' pack very much because, since they 'aren't supposed to be smoking', they are 'easier to hide'". 225 Other qualitative research suggested this was also a reason for buying single cigarettes: 'students claimed they preferred cigarettes in loose form, as they smoked on the sly'. 207

#### **Perceived freshness**

Smaller packages may have a consumer benefit in terms of perceived or actual freshness. <sup>22 89 110 136 184 187 188 193 197 206 227-229</sup> This applied to consumers who expected to finish the product in a shorter period of time.

# Free sample packages

Small cigarette packs were used as free samples for three reasons. <sup>230–236</sup> State tax laws created logistical and cost advantages to giving away free packs that were small rather than large. <sup>231–234</sup> Marketers expected giveaways of small rather than standard packs to be less threatening to retailers <sup>231</sup> and harder for retailers to misappropriate (ie, sell rather than give away). <sup>231 235</sup> Finally, small packages were cheaper to give away. Companies studied the profitability of their sampling programmes in terms of generating competitive trial and conversion (ie, use by smokers of competitor brands), estimating the conversion rate required to offset sampling costs within a given period of time. <sup>230 235 237</sup> A promotion test comparing cigarette 10-packs and 20-packs as free samples concluded that the 20-pack led more smokers to purchase the brand in the next week but did not lead to a significantly higher conversion rate 6 weeks later. <sup>230</sup>

#### DISCUSSION

Previously secret industry documents described the consumer appeal of small and large packages. Large packages were more economical (per-unit), matched the consumption rates of longterm, heavy users, and were targeted at 'smart shoppers' and value brand users. Small packages were more affordable in terms of immediate cash outlay (overall price); matched the consumption rates of newer and lighter users and the desired consumption rates of others; attracted interest through novelty, convenience and perceived freshness; and were targeted at people with low income, young people, minorities and premium brand users. Targeting package quantities using brand, psychographic, lifestyle and demographic characteristics led companies to develop highly differentiated product portfolios (cf, 238 239). Even so, companies' premarket predictions about product uptake were sometimes highly inaccurate, with package quantity changes sometimes leading to large sales reductions.

As suggested previously, <sup>15</sup> <sup>16</sup> companies used novel package quantities to lower the price, either per-package or per-unit. Often, companies did this in response to excise tax increases. The stated goal of introducing new package quantities was to increase and defend brands' market share through effects on brand-switching—and, at times, quitting—among increasingly price-conscious consumers. Package quantity changes aimed at enhancing affordability were sometimes targeted at people with low income, young people and minorities, which may harm public health if it discourages quitting (cf, <sup>240–242</sup>). Prior research shows the importance of price in tobacco use, including among youth, <sup>240</sup> <sup>241</sup> <sup>243–248</sup> and highlights industry efforts to promote value-for-money. <sup>249</sup>

We did not find documents in which companies explicitly discussed the introduction of small packages as a way to encourage trial by non-users, or by youth. Documents suggested that companies strove to motivate brand-switching among users of competitor products and to react to competitive threats and changing consumer preferences that could erode market share or sales volume. No documents specifically described targeting non-users of products, although some referred to 'starters' and 'new users'. A prior review of packaging-related industry documents also found none describing the use of 'kiddie packs' to

target minors.<sup>17</sup> However, in another prior review, some documents appeared to use 'young adult' as a catch-all term for youth and young adults (<sup>15</sup>, pp. i7–i10), and so we cannot rule out the possibility that 'young adults' in some of our documents included youth. Also, we cannot rule out that companies' marketing decisions would have the effect of encouraging trial among these populations. While documents did not explicitly discuss youth, they suggest several explanations for prior findings that youth prefer small packages.<sup>10</sup> <sup>11</sup> These include the traditional explanations of low price and ease of concealment<sup>2</sup> <sup>5–7</sup> <sup>10</sup> as well as the notion that younger and newer users may simply prefer small packages because of the fit with their lower consumption rate.

Industry documents suggested that some current smokers preferred small cigarette packs as a tool to try to quit, cut down or maintain a desired consumption level. This accords with a prior study finding that many consumers—particularly those who see themselves as impulsive—prefer to purchase 'vices' in small quantities in order to try to constrain consumption. <sup>250</sup> Research on US smokers' theoretical willingness-to-pay for 10-packs also suggests a desire to ration consumption. <sup>251</sup> However, it is also possible that the availability of small packs would tempt people to make purchases that they would not have made if only larger packs were available, as small packages may 'fly under the radar' of people's self-control efforts. <sup>252</sup> The role that these processes (consumption rationing, 'flying under the radar') may play in the purchase of small packages of tobacco products remains a topic for future research.

#### Limitations

This was a non-exhaustive search of the TTID. We reviewed and described all relevant documents we found, but we limited our search to 1980 or later and reviewed a small number of documents (216). The documents may not be representative of other TTID documents describing package quantity. Different companies may use different terminology, which could influence the documents we retrieved. Moreover, document authors may have self-censored their language to obscure particular marketing objectives as a matter of company policy or to avoid legal liabilities (<sup>15</sup>, pp. i7–i10). All documents in this review concerned cigarettes, RYO, SLT and 'smokeless cigarettes'. Most of the documents were old, with almost all from the 1980s and 1990s. Finally, we could not assess the veracity of research findings and many of the market predictions made in the documents.

# What this paper adds

- Little published research has evaluated the effects of marketing small or large packages on tobacco appeal, purchase or use.
- We reviewed previously secret industry documents to understand companies' rationales for changing or introducing new package quantities, as explained in companies' internal records, such as marketing plans and research documents.
- ► Package quantity changes were highly targeted by brand and consumer characteristics. Small and large packages were primarily marketed to reduce the per-package and per-unit prices of products, respectively, and to match consumers' actual or desired consumption rates.
- Documents described package quantity changes as a tool for increasing and defending a brand's market share through effects on brand-switching, but such changes also had potential implications for quitting behaviour.

#### Conclusions

Tobacco companies tailored package quantities to specific brands, consumer segments and markets, seeking to meet a complicated mix of preferences among current users. Documents also discussed starters, new users and younger users as potential target markets for small package quantities, primarily based on these individuals' lower consumption rates and lower sensitivity to per-unit (vs per-package) prices. As an industry document review, our analysis should be viewed tentatively and not as the conclusive word on any aspect of tobacco package quantity. Given this, we encourage continued scientific investigation of the role that package quantity may play in purchase and consumption behaviour among current users and non-users of tobacco products.

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