Print media coverage of research on passive smoking

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Abstract

Objective—To assess the extent and content of newspaper and magazine coverage of research on passive smoking. Design—Content analysis of newspaper and magazine articles. Subjects—Articles reporting on passive smoking research published in newspapers (n = 180) or magazines (n = 92) between January 1981 and December 1994. Main outcome measures—Numbers of articles, conclusions of articles, sources quoted, numbers and characteristics of research studies cited, presence of tobacco advertising. Results—The number of newspaper and magazine articles reporting on passive smoking research increased from four in 1981 to 57 in 1992 and 32 in 1994. Sixty-two per cent (168/272) of articles concluded that the research on passive smoking is controversial. Tobacco industry representatives were quoted significantly more often in newspaper articles (52%, 94/180) than magazine articles (12%, 11/92) (p<0.0001). Of 121 different research studies cited in the lay press articles, only 15 were from tobacco-industry sponsored projects or publications. In magazines, acceptance of tobacco industry advertising was associated with the conclusion that research on passive smoking is controversial (p=0.0001). Conclusions—Although research on the harmful effects of passive smoking accumulated between 1981 and 1994, lay press coverage of the research maintained that the science was controversial. Few research studies were cited to support the industry’s claim that passive smoking is not harmful to health. However, tobacco industry representatives were critical of the research methods used to study the health effects of passive smoking were frequently quoted.

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Introduction

By the 1950s, evidence that increased mortality is associated with cigarette smoking was mounting, but incomplete lay press coverage of research on the health effects of smoking delayed public acceptance of the health and risks. To stimulate controversy about the adverse effects of smoking, the tobacco industry adopted a strategy of sponsoring and disseminating scientific research disputing the association between cigarette smoking and disease. The successful public relations campaigns of the industry, as well as its influence on the lay media through advertising dollars, are likely to have affected lay press coverage of the harmful effects of tobacco.

Although scientific evidence now strongly suggests that exposure to passive smoke is also harmful, public opinion about the adverse health effects has been slow to change. In 1981, two ground-breaking studies showed an association between passive smoking and lung cancer, and in 1986 two scientific consensus reports were published on the harmful effects of exposure to passive smoke. By 1988 studies demonstrated an association between passive smoking and heart disease. Finally, in 1992, the United States Environmental Protection Agency (EPA) classified passive smoke as a Group A (known human) carcinogen.

(The tobacco industry sued the EPA over the findings of the risk assessment of passive smoking. In July 1998, Judge Osteen vacated the risk assessment on procedural grounds, but did not conclude that the science of the report was invalid. [Flue-cured Tobacco Cooperative Stabilization Corporation v EPA. The Osteen decision in the United States District Court for the Middle District of North Carolina Winston-Salem Division (17 July 1998). Accessed on 3 September 1998 and 28 January 1999 at http://www.tobacco.org/Documents/980717osteen.html]

Thus, between 1981 and the early 1990s, the scientific community reached a consensus that passive smoking is associated with adverse health effects.

The purpose of this paper was to assess the extent and content of newspaper and magazine coverage of passive smoking research. We determined whether the research on passive smoking was portrayed as controversial and, if so, whether the portrayal of controversy decreased over time. We collected data on several journalistic devices that can be used to generate the idea of controversy. For example, we recorded the topic of research covered because the association of passive smoking and adverse health outcomes could be more controversial for some diseases than others. We recorded who was quoted in the articles because journalists could generate controversy through their selection of sources. We report the frequency, source, type, and conclusions of the scientific studies cited because journalists could generate controversy by selectively citing certain types of studies.
Print media coverage of research on passive smoking

We determined whether the scientific studies cited in the lay press found that passive smoking was harmful (a “positive” study) or not (a “negative” study) because research on the coverage of other environmental risks has shown that the lay press is more likely to report positive than negative studies.16 17

In addition to characterising the journalistic devices described above, we hypothesised that research on passive smoking sponsored by the tobacco industry would be cited in newspapers and magazines to dispute scientific findings on the adverse health effects of passive smoking. Just as the tobacco industry has funded research suggesting that smoking is not harmful, it has sponsored and disseminated research suggesting that passive smoking is not harmful. The industry’s research, concluding that passive smoking is not harmful, has been methodologically poor and used in efforts to delay regulatory action.18–20

We report the content of newspaper and magazine articles separately. We hypothesised that magazine coverage would differ from newspaper coverage for two reasons: (a) magazine articles tend to be longer and therefore have opportunity for more detailed coverage and more citation of individuals and (b) more magazines than newspapers during the time period of our study accepted tobacco advertising. We examined the relationship between tobacco industry advertising and coverage of passive smoking research because, in magazines, a lack of coverage of the adverse effects of smoking is associated with the acceptance of tobacco advertising.5 21 22

Methods
We conducted a descriptive, cross-sectional content analysis of newspaper and magazine articles reporting on passive smoking research between January 1981 and December 1994.

SAMPLE SELECTION
Inclusion/exclusion criteria
We included newspaper and magazine articles published between January 1981 and December 1994 that reported on research on the health effects of passive smoking. We defined research as any basic science, epidemiological, clinical, or review study, including government reports. Articles that discussed litigation or workplace smoking regulation without discussing passive smoking research were excluded. We began the search in 1981 because the first major studies showing the association between passive smoke and lung cancer was published in that year.6 7 We excluded duplicate articles, opinion pieces, editorials, and letters to the editor.

Newspaper search strategy
Using an adaptation of a previously published method,18 we retrieved articles by searching three commercial online services (Nexis, Datetimes, and Knowledge Index—a Dialog database) using 12 keyword phrases for the term “passive smoking”. We limited our newspaper sample to the five papers with the highest average daily circulation rates in the United States (New York Times, Washington Post, USA Today, Wall Street Journal, and Los Angeles Times) because our preliminary search found that these newspapers published most of the articles describing research on passive smoking and that their articles were likely to be reprinted in other newspapers. We chose circulation rate as an inclusion criterion because it is an objective measure of the number of people potentially exposed to a news article. Our search identified 1474 full text articles which were independently screened by two reviewers to determine which articles met our inclusion criteria. Disagreements regarding included articles (n = 8) were adjudicated by the principal investigator. A total of 180 newspaper articles met our inclusion criteria for the content analysis.

Magazine search strategy
Five electronic databases (Dialog, EBSCO, Melyn Mags, Nexis, and ABI/Inform) were searched using 12 keywords for “passive smoking” for articles from general and specialised magazines for lay audiences. We identified 233 full text articles which were independently screened by two reviewers to determine which articles met our inclusion criteria. The full text of nine articles could not be located in any of the electronic databases or at the San Francisco Public Library. Disagreements regarding included articles (n = 6) were adjudicated by the principal investigator. A total of 92 magazine articles met our inclusion criteria for the content analysis.

CONTENT ANALYSIS
A coding instrument for the content analysis was developed, pre-tested, and tested for percent agreement between the raters.23 24 All 180 newspaper articles and 92 magazine articles were coded independently by a research associate and doctoral student. The student did not have extensive knowledge of the literature on passive smoking, disclosed no financial conflict of interest, and was blinded to the study hypotheses. A written protocol was used and a training session was conducted. Interrater agreement was determined for all articles analysed and ranged from 93% to 100% for each question in the instrument. Discrepancies were adjudicated by the principal investigator.

Extent and characteristics of articles
To assess the extent and prominence of coverage of research on passive smoking, we recorded the number of articles published each year, the length of each article, and, for newspapers, the section in which each article was published. For magazines, we coded the readership according to Ulrich’s International Periodicals Directory.25 We recorded the author(s) of each article and any affiliation(s) listed.

Controversy in articles
The coders answered “yes” or “no” to the questions: (a) “Overall, is the reader left with the impression that passive smoking is a health
hazard?" and (b) "Overall, is the reader left with the impression that there is continuing controversy about passive smoking research?" regardless of whether or not they felt that passive smoking was a health hazard. To determine if there was any change in the degree of controversy over time, we examined the answer to the question about controversy by year.

To examine how an impression of controversy might be generated in the articles, we recorded the topic of research covered because the association of passive smoking and adverse health outcomes could be more controversial for some diseases than others. We recorded who was quoted in the articles because journalists could generate controversy through their selection of sources.

We report the frequency, source, type, and conclusions of the scientific studies cited because journalists could generate controversy by selectively citing certain types of studies.

**Topics covered in articles**

We coded articles as discussing one or more of the following topics: (a) public health or government officials, (b) scientists, physicians, or academicians, (c) non-smoker's rights advocates, (d) tobacco industry representatives, (e) smoker's rights advocates, or (f) other.

**Sources quoted in articles**

For each article, we recorded the number of quotes made about passive smoking research by (a) public health or government officials, (b) scientists, physicians, or academicians, (c) non-smoker's rights advocates, (d) tobacco industry representatives, (e) smoker's rights advocates, or (f) other or no affiliation given.

**Frequency, source, type and conclusions of cited scientific studies**

To determine which scientific studies and reports were cited in the newspaper and magazine articles, we recorded the study name and author, if available, for each scientific study cited. We searched Medline by author name or keywords to identify the source articles for each cited study. A total of 90 scientific studies were cited in the newspaper sample and 87 studies were cited in the magazine sample.

To assess the characteristics of the scientific studies cited in the newspaper articles, we obtained copies of 88 of the 90 scientific studies identified in the sample from the University of California Libraries, the Government Printing Office, or directly from the study authors. We were not able to obtain copies of an unpublished study funded by the Tobacco Institute and an international report. We obtained copies of 77 of the 87 scientific studies cited in the magazine sample. We were not able to locate 10 citations with vague and incomplete identifying information. Overall, 121 different scientific studies were cited in the newspapers and magazines.

For each scientific study obtained, we coded publication type as a (a) journal, (b) symposium proceeding, (c) government sponsored report, or (d) other, to provide a rough indicator of publication quality.

**Tobacco advertising**

We examined the relationship between tobacco industry advertising and conclusions of the articles. To determine whether the newspapers in our sample accepted tobacco industry advertising, we first contacted the editorial office of each newspaper by mail and telephone. We received no responses and, therefore, searched the entire paper by hand for tobacco product advertising on a randomly selected day in 1981, 1985, 1991, and 1994. If no tobacco product advertisements were identified, the search was continued for the following six days. If any tobacco product advertising was identified the newspaper was classified as accepting tobacco advertising.

To determine whether the magazines in our sample accepted tobacco advertising, we first determined whether the magazine was on a published list of magazines that refuse tobacco product advertising. If the magazine was not on the list, we posted a question on the Magazine Publishers of America website (www.mediadeter.com) asking whether the magazine accepted tobacco advertising. For 10 magazines for which we could not obtain information from either of these sources, we searched the entire magazine by hand for tobacco product advertising on a randomly selected day in 1981, 1985, 1991, and 1994. If no tobacco product advertisements were identified, the next two issues of the magazine were searched. If any tobacco product advertising was identified the magazine was classified as accepting tobacco advertising.

**Analysis**

Differences in proportions were analysed using the z statistic, χ² statistic, Mann-Whitney Rank Sum test, or Fisher's Exact test as appropriate.

**Results**

**Extent and characteristics of articles**

As shown in the figure, the number of newspaper and magazine articles reporting on passive smoking research increased between 1981 and 1994. About half (88/180) of the newspaper articles were 500 words or more; 42% (39/92) of the magazine articles were 1000 words or more.

Sixty-three per cent (114/180) of the newspaper articles were located in the national
CONTRADICTION IN ARTICLES

Sixty-six per cent (118/180) of the newspaper articles and 54% (50/92) of the magazine articles gave the impression that there is continuing controversy about passive smoking research. More than half of the newspaper articles were longer, there was no difference between passive smoking and disease.13

TOPICS COVERED IN ARTICLES

There were no significant differences between the types of health risks related to passive smoking covered in magazine and newspaper articles. More than half of the newspaper articles (63/92) and magazine articles (129/180) articles reported on studies of the association of passive smoking and lung cancer, followed by reports on health conditions in children 46/92 newspaper and 86/180 magazine articles. The remaining articles reported on cardiovascular disease, cancers other than lung cancer, and other respiratory effects.

SOURCES QUOTED IN ARTICLES

As shown in table 1, public health and government officials were quoted most often in newspaper and magazine articles. Although the newspaper articles were shorter, tobacco industry representatives, public health/government officials, and scientists/physicians/academicians were quoted significantly more often in newspaper than magazine articles. The tobacco industry officials were consistently critical of research showing an association between passive smoking and disease.

FREQUENCY, SOURCE, TYPE, AND CONCLUSIONS OF CITED SCIENTIFIC STUDIES

Overall, scientific studies were cited 348 times in the newspaper articles and 218 times in the magazine articles. Although magazine articles were longer, there was no difference between

Table 1 Sources quoted in articles reporting passive smoking research

<table>
<thead>
<tr>
<th>Type of person quoted</th>
<th>Magazine articles (n = 92)</th>
<th>Newspaper articles (n = 180)</th>
<th>%</th>
<th>(n)</th>
<th>%</th>
<th>(n)</th>
<th>z</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public health/government officials</td>
<td>32 (30)</td>
<td>56 (101)</td>
<td>3.62</td>
<td>&lt;0.0001</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Scientists/physicians/academicians</td>
<td>29 (27)</td>
<td>46 (82)</td>
<td>2.57</td>
<td>0.01</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-smoker’s rights advocates</td>
<td>24 (22)</td>
<td>4 (8)</td>
<td>4.83</td>
<td>&lt;0.0001</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tobacco industry representatives</td>
<td>12 (11)</td>
<td>52 (94)</td>
<td>6.28</td>
<td>0.0001</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Smoker’s rights advocates</td>
<td>2 (2)</td>
<td>0 (0)</td>
<td>1.12</td>
<td>0.26</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other or no affiliation</td>
<td>3 (3)</td>
<td>0 (0)</td>
<td>1.70</td>
<td>0.09</td>
<td></td>
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</tr>
</tbody>
</table>

Percentages add to more than 100 because the categories are not mutually exclusive. An article was rated as quoting someone in a particular category if at least one person in that category was quoted. Differences in proportions were analysed using the z-statistic.
the numbers of scientific studies cited in magazine and newspaper articles (p = 0.07). About half of the newspaper (98/180) and magazine (49/92) articles cited only one passive smoking study per article. Only 32 of 180 newspaper articles and 28 of 92 magazine articles cited three or more scientific studies per article.

In addition, most scientific studies were cited only a few times each in the entire sample. Only six studies were cited more than 10 times in the newspaper articles and only four studies were cited more than 10 times in the magazine sample. All of these most frequently cited studies were systematic reviews of the scientific literature, rather than original research studies. The single most frequently cited study was the EPA risk assessment of passive smoking which accounted for 14% of all study citations in newspapers and 17% of all study citations in magazines. In the newspaper articles, the EPA report was cited as concluding that passive smoke is harmful 45 times, and as an inconclusive study four times. In the magazine articles, the EPA report was cited as concluding that passive smoke is harmful 36 times, and as an inconclusive study twice.

Most of the studies cited in the newspaper and magazine articles were cited as concluding that passive smoking is harmful. Eighty-eight percent (305/348) of the citations in newspapers were cited as concluding that passive smoking is harmful, 7% (25/348) of the citations were cited as concluding that passive smoking is not harmful, and 5% (18/348) were cited as having “mixed” conclusions. Eighty-three per cent (181/218) of the citations in magazines were cited as concluding that passive smoking is harmful, 10% (21/218) of the citations were cited as concluding that passive smoking is not harmful, and 7% (16/218) were cited as having “mixed” conclusions.

As shown in table 2, most of the studies cited in newspaper or magazine articles were from medical/scientific journals, followed by government sponsored reports. There were no differences in the types of peer review status of journal articles cited in newspapers and magazines ($\chi^2 = 0.91; p = 1.00$). Of the 110 journal articles cited in newspapers, 79% (87/110) were publications of original research, 13% (14/110) were review articles, 6% (7/110) were editorials, and 2% (2/110) were reports of conference proceedings. Ninety-nine per cent of the journal articles cited (109/110) were from peer reviewed journals.

Fifteen studies or publications sponsored by the tobacco industry were found among the studies cited in newspaper and magazine articles. Only 66% (73/110) of the journal articles cited acknowledged their funding source(s). Of the journal articles that disclosed their funding sources, six were funded at least partially by the Center for Indoor Air Research (a research organisation sponsored by the tobacco industry), two by tobacco companies, and one by the Tobacco Research Council. Another journal article that was a critique of scientific methods used to conduct risk assessments of passive smoking was written by a researcher affiliated with the tobacco industry. In addition to the journal articles, three symposium proceedings sponsored by the tobacco industry, and one public relations piece published by the Tobacco Institute were cited. Additional citations were of a book published by the Tobacco Institute. A dissertation that has been heavily cited by the tobacco industry in response to government requests for information was also cited in the newspaper and magazine articles.

Tobacco Advertising

As shown in table 3, articles from magazines that accept tobacco advertising were less likely to conclude that passive smoking is a health hazard and more likely to conclude that the research on passive smoking is controversial than articles from magazines that refuse tobacco advertising. Table 3 also shows that there was no association between articles from newspapers that accept tobacco advertising and concluding that passive smoking is harmful or that research on passive smoking is controversial.

Discussion

Print media coverage of passive smoking research has increased over time and has been fairly prominent. Print news media articles can shape public opinion, influence policymakers, and influence the direction of scientific research, thus the increasing coverage of passive smoking research may have contributed to growing public interest in this issue.

Even after strong scientific evidence existed supporting an association between passive smoking and disease, newspaper and magazine coverage continued to construct the conduct of research on passive smoking as controversial. This finding is similar to findings...
from analyses of media coverage of active smoking.\(^2\)

In magazines, continuing emphasis on controversy might be increased by magazines' acceptance of tobacco product advertising. Advertising dollars may influence editorial coverage of passive smoking as demonstrated for other tobacco and health issues.\(^3\) \(^21\) \(^22\)

The continuing emphasis on controversy might also be explained by journalists' tradition of "balanced reporting".\(^14\) To present both sides of the passive smoking issue, particularly in newspapers, routinely quoted tobacco industry spokespersons discussing vague methodological faults with scientific studies.\(^15\) By quoting tobacco industry sources as well as scientists, journalists may be suggesting that the opposing voices carry equal scientific weight. Furthermore, although journalists have claimed that they do not routinely seek opposing views when covering research that has been published in peer reviewed journals,\(^16\) we found that coverage of passive smoking research emphasised controversy even when most of the journal articles cited were peer reviewed.

A recent editorial on health communication has challenged journalists to consider whether common principles of journalistic reporting, such as use of multiple sources and inclusion of various viewpoints, make the best news stories.\(^17\) The focus on controversy surrounding research methods is not consistently found in the news coverage of other health issues. For example, the research on the genetics of alcoholism was not presented as controversial in the lay press even after evidence disproving a genetic cause for alcoholism accumulated.\(^18\)

The quotation of tobacco industry representatives, rather than the citation of scientific studies, was used by journalists to promote the idea of controversy. Only a few studies or publications sponsored by the tobacco industry were cited in the lay press articles. However, given that most of the journal articles that were cited did not disclose their funding source(s), we may be underestimating the total percentage of research, sponsored by the tobacco industry, which is cited in newspapers and magazines. In fact, one author of a journal article\(^19\) who had no disclosed funding source was identified in our earlier work as being affiliated with the tobacco industry.\(^18\) \(^16\)

A third possible explanation for the maintenance of controversy in the articles might be the tobacco industry's efforts to influence media reporting rather than to provide data refuting research on passive smoking. The industry's strategy is described in a 1989 background paper on the activities of RJ Reynolds Tobacco Company, Philip Morris Tobacco Company, and the Tobacco Institute.\(^20\)

According to the document, the Tobacco Institute (TI) was most involved in communicating with the media:

"TI is initiating a program of bringing foreign ETS [environmental tobacco smoke] scientists/experts to appropriate scientific conferences for presentation of papers, and while they are here, get them to speak to U.S. media on research facts, misrepresentation. Would include editorial board briefings as well as media interviews.

"TI also plans to: Develop and distribute media ETS briefing book which will clarify the science on ETS, and distribute to key journalists. Assess and communicate the way journalists cover controversial scientific issues, especially ETS:

—Include 'white paper' re faulty reporting
—Find a columnist or professor of journalism to write articles on poor quality of scientific journalism
—Work with a professional journalism group to sponsor seminar on coverage of science in the media

"This information would be conveyed to key members of the media via editorial board meetings, informal discussions with reporters, etc., and the brochure would be provided as a reminder."\(^21\)

As with other scientific research, only a portion of the scientific literature on passive smoking garners press attention.\(^22\) We identified 121 different scientific publications on the health effects of passive smoking cited in newspaper and magazine articles. However, in other research in which we conducted comprehensive searches to identify studies on the health effects of passive smoking, we found 382 original research articles and 106 review articles published during the same time period.\(^20\) \(^22\)

The most frequently cited scientific studies in the lay press articles were systematic reviews rather than original research studies. The coverage of reviews, especially government reports,\(^23\) \(^24\) highlights their potential to influence public opinion and policy. Well conducted reviews can provide objective and critical summaries of massive amounts of data,\(^25\) although the conclusions of reviews on passive smoking are associated with their source of funding.\(^26\)

We found only limited coverage of studies that did not find a statistical association between passive smoke exposure and adverse health effects. As more studies indicating that passive smoking is harmful (rather than indicating that it has no adverse effects) have been published in the medical literature,\(^27\) the lay press coverage accurately reflects the findings of research that is reported in scientific publications. The citation of studies finding an association between passive smoking and disease has been previously reported for coverage of passive smoking in Australian newspapers,\(^28\) as well as for coverage of other environmental risks.\(^29\) \(^30\) This reporting of the studies finding an association between passive smoking and disease is potentially undermined by the emphasis on the controversy surrounding research on passive smoking.

In summary, although research on the harmful effects of passive smoking accumulated between 1981 and 1994, lay press coverage of the research maintained that the science was controversial. Few research studies were cited to support the industry's claim that passive smoking is not harmful to health. However, tobacco industry representatives who were critical of the research methods used to study
the effects of passive smoking were frequently quoted.

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