Cigarette graphic warning labels and smoking prevalence in Canada: a critical examination and reformulation of the FDA regulatory impact analysis

Jidong Huang, Frank J Chaloupka, Geoffrey T Fong

ABSTRACT

Background The estimated effect of cigarette graphic warning labels (GWL) on smoking rates is a key input to the Food and Drug Administration’s (FDA) regulatory impact analysis (RIA), required by law as part of its rule-making process. However, evidence on the impact of GWLs on smoking prevalence is scarce.

Objective The goal of this paper is to critically analyse FDA’s approach to estimating the impact of GWLs on smoking rates in its RIA, and to suggest a path forward to estimating the impact of the adoption of GWLs in Canada on Canadian national adult smoking prevalence.

Methods A quasi-experimental methodology was employed to examine the impact of adoption of GWLs in Canada in 2000, using the USA as a control.

Findings We found a statistically significant reduction in smoking rates after the adoption of GWLs in Canada in comparison with the USA. Our analyses show that implementation of GWLs in Canada reduced smoking rates by 2.87–4.68 percentage points, a relative reduction of 12.1–19.6%; 33–53 times larger than FDA’s estimates of a 0.088 percentage point reduction.

Conclusions Adopting GWLs on cigarette packages reduces smoking prevalence. Applying our analysis of the Canadian GWLs, we estimate that if the USA had implemented GWLs in 2012, the number of adult smokers in the USA would have decreased by 5.3–8.6 million in 2013. Our analysis demonstrates that FDA’s approach to estimating the impact of GWLs on smoking rates is flawed. Rectifying these problems before this approach becomes the norm is critical for FDA’s effective regulation of tobacco products.

BACKGROUND

The 2009 Family Smoking Prevention and Tobacco Control Act (FSPTCA) gave the US Food and Drug Administration (FDA) authority to regulate the manufacture, distribution and marketing of tobacco products. One key provision of the FSPTCA mandates more prominent warning labels for cigarettes and smokeless tobacco products. Specifically, FSPTCA requires pictorial or graphic warning labels (GWL) covering the top 50 percent (the minimum percent recommended by Article 11 of the WHO Framework Convention on Tobacco Control) of the front and rear panels of cigarette packages (Pub L No. 111-31 §201(a), 123 Stat 1776, 1842-45. 2009).

In June 2011, 2 years after FSPTCA became the law, FDA issued its first GWL regulations, which were later challenged by the tobacco industry, and subsequently struck down by the US Court of Appeals (see figure 1 for a timeline summarising the events related to FDA’s GWL regulations). One of the major reasons that the Court ruled against FDA was because FDA did not provide any shred of evidence” that graphic warning images would “reduce[er] the number of Americans who smoke” (RJ Reynolds Tobacco Co v FDA, 696 F3d 1205, 1219, DC Cir 2012).

Despite the court ruling, the beneficial impact of warning labels, particularly large and prominent GWLs, has been well documented. Studies have shown that large GWLs on cigarette packages are an important source of health information for smokers and non-smokers. Exposure to GWLs reduce cigarette packet appeal, increase health knowledge, awareness and perception of risks associated with smoking, strengthen intentions to quit, encourage quit attempts, increase use of quitlines, prevent relapse, and decrease the odds of being a smoker.

While the literature on the effectiveness of GWLs is substantial, the evidence to date is focused more on individual level impact than population impact, and the outcomes examined have been more distal indicators of smoking behaviour than proximal indicators. And there is limited evidence on the impact of GWLs on smoking prevalence. The limited evidence for prevalence has critical implications for the ongoing legal and policy debates related to the proposed GWLs by FDA, particularly in light of recent failure by the Appeals Court in recognising a large body of evidence on individual-level outcomes, and putting undue weight on population-level impact provided by FDA, which was not adequately prepared.

As part of its rule-making process, FDA is required by law to assess all costs and benefits associated with its proposed regulations (known as the Regulatory Impact Analysis (RIA)), and to select the approach that maximises net benefits when regulation is necessary. Accurately assessing the impact of adopting GWLs on smoking prevalence is a key input to FDA's RIA. In the economic analysis conducted for its graphic warning label regulations, FDA relied on the Canadian experience to estimate the effect of GWLs on US smoking rates. FDA first compared trends in actual and estimated smoking prevalence in Canada and the USA from 1991 through 2009, projecting prevalence based...
on changes in inflation-adjusted cigarette taxes in the two countries in the period before Canada adopted GWLs in 2000. The difference between the projected prevalence rates and the actual prevalence rates for the two countries between 2001 and 2009 was then assumed to be the result of Canada’s GWLs. FDA estimated that the reduction in smoking rates attributable to GWLs to be 0.088 percentage points, equivalent to a relative reduction of 0.4% of the US smoking rate.

There are several major problems inherent in FDA’s approach (see table 1 for a summary of those problems). First, FDA used cigarette excise taxes rather than actual prices paid by smokers to quantify the changes in smoking rates attributable to cigarette prices. Cigarette excise taxes, official cigarette price indices and actual prices paid by smokers may move in different directions. Controlling for cigarette taxes may attribute too much (little) of the differential decline in smoking rates to tax changes, and reduce (increase) the estimated impact of GWLs. Additionally, FDA’s approach does not permit testing the statistical significance of changes in smoking rates resulting from the adoption of GWLs; as a result, it is impossible to ascertain whether the estimated impact of GWLs is statistically different from zero. More importantly, FDA’s approach does not allow causal interpretations of the effect of GWLs.

Since those problems in FDA’s approach may have profound impact on the estimates of the impact of GWLs on smoking prevalence, it warrants a careful and thoughtful re-examination. In this paper, we critically analyse FDA’s approach to estimating the impact of GWLs on smoking rates in its RIA of the required graphic warnings. Employing a quasi-experimental methodology, this paper adds to the growing evidence on the impact of GWLs by examining the change in smoking rates in Canada after it implemented GWLs, compared to the USA, where GWLs have not been implemented.

**METHODS**

**Difference-in-difference model**

To examine the impact of the implementation of GWLs on national adult smoking prevalence, we followed FDA’s approach and used adult smoking prevalence data from the USA and Canada for 1991–2009, a period of 9 years before and after GWLs were introduced in 2000 in Canada. Comparing Canada as the treatment group (subject to GWLs after 2000) and the USA as the control group is an example of quasi-experimental methods that are widely used by economists and other policy researchers to estimate the causal impact of policy changes.15 The validity of these methods and their advantages over randomisation have been well documented.16–18 Quasi-experimental methods are particularly appropriate in this case in that it is impractical to randomise persons or jurisdictions to GWLs before they are adopted.

The reason that FDA focused on Canadian GWL experiences lie in three aspects: first, culturally and geographically, Canada provides a closer comparison for the USA than any other country; second, Canada is one of the first countries to adopt GWLs, thus, it provides more data points for examination; last, Canada’s GWL policy is much more similar to what was proposed in FDA’s GWL regulations than similar policies adopted in other countries and regions (see FDA Final Rule 36712). To analyse FDA’s approach, we also focus on analysing Canadians’ smoking prevalence data, as compared with that in the USA.

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**Table 1** Flaws in FDA’s regulatory impact analysis on graphic warning labels (GWL)

<table>
<thead>
<tr>
<th></th>
<th>Canada</th>
<th>USA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inflation-adjusted average cigarette taxes (2001–2009)</td>
<td>Increased by 123%</td>
<td>Increased by 117%</td>
</tr>
<tr>
<td>Average inflation-adjusted official cigarette price indices (2001–2009)</td>
<td>Increased by 64%</td>
<td>Increased by 42%</td>
</tr>
<tr>
<td>Average cigarette prices actually paid by smokers (2002–2011)</td>
<td>Decreased by 4%</td>
<td>Increased by 25%</td>
</tr>
</tbody>
</table>

1. FDA used cigarette excise taxes rather than actual prices paid by smokers, which reduced the estimated impact of GWLs on smoking prevalence.
2. FDA did not utilise all available data points in the entire study period (1991–2009) in projecting smoking prevalence in the USA and Canada.
3. It is impossible to ascertain whether the estimated impact of GWLs on smoking prevalence from FDA’s approach is statistically different from zero.
4. FDA’s approach does not allow causal interpretations of the effect of GWLs on smoking prevalence.

FDA, Food and Drug Administration.
In this paper, we use a specific quasi-experimental design, the difference-in-difference (DD) model, to assess, estimate and test the impact of GWLs on national adult smoking prevalence. The general DD model has the following specification:

\[ \text{Outcomes} = \beta_1 \times \text{TreatmentGroup} + \beta_2 \times \text{PostPolicyChange} + \beta_3 \times \text{TreatmentGroup} \times \text{PostPolicyChange} + \beta_4 \times X + e \]

‘TreatmentGroup’ is a dummy variable with a value of 1 for jurisdictions or individuals subject to the policy being examined (in this case GWLs). The estimated coefficient, \( \beta_1 \), represents the difference between the treatment group (Canada) and the control group (the USA), which is not subject to the policy. ‘PostPolicyChange’ is a dichotomous variable with a value of 1 for data observed after policy implementation. The estimated coefficient \( \beta_2 \) shows the difference between the prepolicy and postpolicy periods. The key parameter is \( \beta_3 \), the interaction between the treatment group and the postpolicy change indicator, which reflects the estimated impact of the policy on the treatment group after implementation. Finally, \( X \) is a vector of control variables (cigarette prices in this case) and \( e \) is an idiosyncratic error term.

One of the advantages of the DD model is that the existence of fixed differences in unmeasured characteristics between the treatment and control groups does not affect the estimates. This is relevant to our analysis because the USA and Canada, despite their similarities, still have major differences.

**Model specification**

To illustrate the differences between our approach and FDA’s approach, we estimated the following equation based on the general DD model outlined above, using the same smoking prevalence data for the same time period used by FDA.

\[ \ln(\text{SmokingRate}) = \text{Intercept} + \beta_1 \times \text{Canada} + \beta_2 \times \text{PostGWL} + \beta_3 \times \text{Canada} \times \text{PostGWL} + \beta_4 \ln(\text{ExciseTax/PriceIndex}) + \beta_5 \ln(\text{Trend}) + e \]

The dependent variable in equation (2) is the national smoking rate in log form. Canada’s smoking rates came from Health Canada’s multiple surveys (including General Social Survey, Survey on Smoking in Canada, National Population Health Survey, and Canadian Tobacco Use Monitoring Survey), for years 1991–2009, and for the population aged 15 years and above. US smoking rates were for the population aged 18 years and above, for years 1994–2009, obtained from the National Health Interview Surveys. The smoking rates used in our analysis were obtained from Table 4 in FDA’s Final Rule.

In equation (2), ‘Canada’ is a dichotomous variable with the value of 1 indicating Canada, the treatment group, and the value of 0 for the USA, the control group. ‘PostGWL’ is a dichotomous variable with the value of 1 indicating the post-2000 time period and the value of 0 otherwise. ‘Canada’ × ‘PostGWL’ is the interaction between the treatment group (Canada) and the post-GWL time period. \( \beta_2 \) Represents the impact of GWLs on the treatment group (Canada) after GWLs were implemented. ‘Trend’ is a monthly trend variable used to capture the time trends in smoking rates, constructed based on the specific months in which key surveys were conducted in each country. This variable starts at 1 for January 1991, and increases by 1 each month. Data used in the analyses are presented in online supplementary appendix 1.

**Controlling for cigarette tax/price**

Cigarette taxes/prices are one of the most important factors influencing smoking rates\(^1\)\(^2\),\(^3\); it is thus important to control for their impact on smoking rates when assessing the impact of GWLs. In our analysis, we use three alternative measures to capture the influence of cigarette taxes/prices. The first is the inflation-adjusted cigarette excise tax rate in Canada and the USA. This variable is a population-weighted average of the sum of federal and provincial/territory cigarette tax rates for Canada, and the sum of the federal and population-weighted state cigarette excise tax rates for the USA. It covers the entire study period 1991–2009.

Controlling for cigarette excise taxes rather than prices ignores the complex relationship between tax rates, retail prices and the prices actually paid by consumers, and may bias estimates of GWLs. To account for these relationships, we use two alternative price measures. First, the official cigarette price index was used. The official US cigarette price index was based on the monthly tobacco and smoking products price index compiled by the Bureau of Labor Statistics, adjusted by the overall consumer price index to account for general inflation, and constructed as the average tobacco price index over the months specific to the US smoking surveys. Canada’s official price index was constructed based on the Canadian monthly consumer price index component for cigarettes, adjusted by Canada’s general consumer price index, and averaged over the months covered by the Canadian smoking surveys. The official price indices also cover the entire study period 1991–2009. The tax and official price indices were both normalised and indexed to 1 in November 2002. The US tax and price variables were normalised to a Canadian scale using the exchange rate between the US dollar and the Canadian dollar.

Official statistics on cigarette prices may not reflect the actual prices paid by smokers given opportunities to obtain untaxed cigarettes and opportunities for substitution to discount brands. To address this, we modified the official price index to incorporate actual prices paid by smokers, constructed from the self-reported prices collected in multiple waves of the International Tobacco Control Policy Evaluation Project (ITC) surveys in Canada and USA for the 2002–2009 period. The ITC prices were adjusted for inflation, and constructed as the average price in the months specific to surveys of smoking rates in each country. Similar to the other two measures, it was also normalised and indexed to 1 in November 2002. In our analyses, the last price measure was constructed by combining office price indices (1991–2001) and the ITC prices (2002–2009).

One of the key underlying assumptions of our DD models is that the decline in Canadian smoking rates relative to the decline in the USA is due to the GWLs since we do not control for changes in other tobacco control policies, and other time-varying factors that may influence smoking rates in both countries. Equation (2) also assumes that both countries had the same underlying trend in smoking, which may not be true. To relax this assumption, we re-estimated equation (2), adding an interaction between the trend and the ‘Canada’ variable, allowing for differential trends in the two countries.

**RESULTS**

Table 2 presents the estimated impact of GWLs on smoking prevalence. Model 1 controls for cigarette taxes, Model 2 controls for official cigarette prices and Model 3 controls for actual
prices paid by smokers. Models 4, 5, 6 are similar to Models 1, 2, 3, respectively, but allow for different trends in the two countries.

The first row of table 2 shows estimates of $\beta_1$, the impact of GWLs implemented in Canada in 2000. They are statistically significant in all models and range from $-0.13$ to $-0.22$. These estimates imply that GWLs reduced Canadian smoking prevalence between $12.1\% \, (\exp(-0.13)-1)$ and $19.6\% \, (\exp(-0.22)-1)$. These estimates imply that if the USA had adopted similar GWLs as done in Canada, the smoking rates in the USA would have declined by $2.87$–$4.68$ percentage points, using the average pre-2001 smoking rates in the USA as the benchmark, which was $23.9\%$ percentage points. Our estimated reduction in smoking rates in the USA is $33$–$53$ times larger than the $0.088$ percentage-point reduction estimated by FDA. Our estimates imply that if GWLs had been implemented in the USA in 2012, this would have led to a reduction of $5.3$–$8.6$ million adult smokers in the USA in 2013, based on the number of adult smokers in the USA in 2011, which was $43.8$ million.\footnote{Estimates are based on the mid-point method.}

The weaknesses in FDA's approach and sensitivity of its estimates are illustrated in table 3. Starting with the replication of FDA's approach (Model A), subsequent models modify FDA's approach by substituting the official price index for the cigarette tax (Model B), substituting the actual price paid by smokers for the tax (Model C), and by using data from the entire 1991–2009 period for both countries (Models D–F), rather than using only pre-2001 data, as done by FDA. Results in table 2 show that estimates based on FDA's approach vary considerably across models. Not only does the magnitude of the effect vary, but the direction also changes from model to model. More importantly, because FDA's approach does not permit statistical testing, it is impossible to ascertain whether the estimated impact of GWLs is statistically different from zero, let alone to make causal interpretations. There are some minor differences between our replication of FDA's analysis (Model A) and the estimates in FDA's analysis, which may be attributed to three factors. First, Canadian federal excise tax rates differ across different provinces/territories, FDA did not specify how they constructed Canadian federal tax rates. We used the province/territory-population-weighted average as Canada’s federal tax rate. Second, when constructing the annual tax rates, we took into account the effective dates of tax rates. FDA’s final rule did not provide information on how annual tax rates were constructed. Third, there was no information in the final rule on how the trend variable was constructed for observations from surveys that span 2 years. We used the mid-point method. Despite these minor differences, the magnitude of the estimated parameters and their SEs from our replication (Model A) is very close to FDA’s estimates (see online supplementary appendix 2 and 3).

**CONCLUSION AND DISCUSSION** Since Canada adopted GWLs on cigarette packs in 2000, more than 40 countries have implemented similar prominent graphic health warning messages.\footnote{Since Canada adopted GWLs on cigarette packs in 2000, more than 40 countries have implemented similar prominent graphic health warning labels. A growing body of research has demonstrated the impact of GWLs on a number of outcomes, including health knowledge, risk perceptions, intentions to quit, quit attempts, use of quitlines, cigarette consumption and smoking relapse. This study adds to the growing body of evidence on the effectiveness of GWLs by examining their impact on smoking prevalence. More importantly, our analyses exposed several serious methodological flaws in FDA’s GWL RIA. Our analyses show that the GWLs adopted in Canada decreased adult smoking prevalence by $12$–$20\%$, $33$–$53$ times larger than FDA’s estimates. Additionally, our estimates imply that if similar GWLs had been implemented in the USA in 2012, this would have led to a reduction of $5.3$–$8.6$ million adult smokers in the USA in 2013.}

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**Table 2** Estimated impact of graphic health warning labels using difference-in difference models

<table>
<thead>
<tr>
<th>Ln(Smoking Rate)</th>
<th>Model 1</th>
<th>Model 2</th>
<th>Model 3</th>
<th>Model 4</th>
<th>Model 5</th>
<th>Model 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Canada &amp; Post-GWL interaction</td>
<td>$-0.145^{***}$</td>
<td>$-0.163^{***}$</td>
<td>$-0.181^{***}$</td>
<td>$-0.129^{*}$</td>
<td>$-0.181^{*}$</td>
<td>$-0.219^{***}$</td>
</tr>
<tr>
<td>Canada dummy</td>
<td>$0.229^{***}$</td>
<td>$0.137^{***}$</td>
<td>$0.128^{***}$</td>
<td>$0.319$</td>
<td>$0.0405$</td>
<td>$0.0833$</td>
</tr>
<tr>
<td>Post-GWL dummy</td>
<td>$0.06610$</td>
<td>$-0.0257$</td>
<td>$-0.0478$</td>
<td>$-0.00430$</td>
<td>$-0.0133$</td>
<td>$-0.0194$</td>
</tr>
<tr>
<td>ln(Monthly Trend)</td>
<td>$-0.114^{***}$</td>
<td>$-0.101^{***}$</td>
<td>$-0.0994^{***}$</td>
<td>$-0.0972$</td>
<td>$-0.120^{*}$</td>
<td>$-0.142^{*}$</td>
</tr>
<tr>
<td>ln(Index ExciseTax)</td>
<td>$-0.172^{**}$</td>
<td>$-0.135^{**}$</td>
<td>$-0.178^{***}$</td>
<td>$-0.130^{*}$</td>
<td>$-0.183^{***}$</td>
<td></td>
</tr>
<tr>
<td>ln(PriceIndex w/o ITC Price)</td>
<td>$-0.0715$</td>
<td>$0.0612$</td>
<td>$-0.0715$</td>
<td>$0.0709$</td>
<td>$0.0623$</td>
<td></td>
</tr>
<tr>
<td>ln(PriceIndex w ITC Price)</td>
<td>$0.0628$</td>
<td>$-0.0197$</td>
<td>$-0.0197$</td>
<td>$0.0628$</td>
<td>$-0.0218$</td>
<td>$0.0479$</td>
</tr>
<tr>
<td>Observations</td>
<td>29</td>
<td>29</td>
<td>29</td>
<td>29</td>
<td>29</td>
<td>29</td>
</tr>
<tr>
<td>R²</td>
<td>$0.942$</td>
<td>$0.921$</td>
<td>$0.909$</td>
<td>$0.942$</td>
<td>$0.922$</td>
<td>$0.910$</td>
</tr>
<tr>
<td>Estimated relative reduction in smoking rate in Canada</td>
<td>$13.5%$</td>
<td>$15.0%$</td>
<td>$16.6%$</td>
<td>$12.1%$</td>
<td>$16.6%$</td>
<td>$19.6%$</td>
</tr>
<tr>
<td>Estimated percentage point reduction in US smoking rate (pre-2001 benchmark=23.9%)</td>
<td>$3.11$</td>
<td>$3.59$</td>
<td>$3.97$</td>
<td>$2.87$</td>
<td>$3.97$</td>
<td>$4.68$</td>
</tr>
</tbody>
</table>

SEs in parentheses.

* $p<0.10$, ** $p<0.05$, *** $p<0.01$.

GWL, Graphic warning labels; ITC, International Tobacco Control.
Our estimates are comparable to those found in recent studies that used individual-level population survey data,12 as well as simulation models that project the impact of GWLs.23 Compared with studies that looked at intermediate outcomes, such as risk perceptions or quit intentions, directly examining the impact of GWLs on smoking prevalence allows us to quantify the impact of GWLs on the number of smokers in a country, something that is critically important to policy makers. More importantly, the quasi-experimental methodology used in this paper allows stronger inferences to be made on the possible causal impact of GWLs on smoking rates.

Our study has several limitations. First, we did not control for differences between Canada and the USA in other tobacco control measures, such as smoke-free air policies, marketing restrictions and anti-smoking media campaigns. The impact of these other tobacco control policies on our estimates will depend on the strength and implementation of these policies in the two countries. If these policies were similar in Canada and the USA during our study period, our estimates of GWLs would not be affected. If policies were becoming stronger in one country relative to the other, our analysis could either overestimate, if policies were becoming stronger in Canada, or underestimate, if the opposite, the impact of GWLs. As a result, the estimated impact of GWLs from our DD models should be interpreted with caution.

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Our analyses show that FDA’s approach to estimating the impact of GWLs on smoking rates is flawed. FDA’s estimates are highly sensitive to the changes in variable selection, model specifications, and time period used, and does not permit statistical testing of the impact of GWLs. This study demonstrates the inadequacy of the FDA’s analysis, and further shows that a more appropriate analysis indicates that the GWLs have had a statistically significant and practically important effect on actual adult smoking rates.
Supplement

Compared to our estimates, and estimates from recent studies using individual level data and simulation methods, FDA’s RIA significantly underestimates the likely impact of GWLs in reducing smoking rates in the USA. To the extent that the assumptions and approach employed in FDA’s analysis of GWLs becomes the agency’s standard, continued use of this approach in FDA’s economic analysis may lead to an underestimation of the impact of future proposed rules on tobacco products promulgated by FDA.

Additionally, the fact that we were unable to replicate FDA’s estimates indicates a significant problem with transparency and inadequacy of FDA’s methods and rule-making process, which need better documentation, including more detailed descriptions of data sources, variable construction and analytical models that are employed. Rectifying these problems before this approach becomes the norm is critical for FDA’s effective regulation of tobacco products.

What this paper adds

► While the literature on the effectiveness of cigarette graphic warning labels (GWL) is substantial, there is limited evidence for their impact on smoking prevalence. This study adds to the growing body of evidence on the effectiveness of GWLs by examining their impact on smoking prevalence.

► This study demonstrates that adopting large GWLs on cigarette packages reduces smoking prevalence. Additionally, our analyses show the Food and Drug Administration’s (FDA) approach to estimating the impact of GWLs on smoking rates is inadequate.

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Contributors FJC, GTF and JH designed the study. GTF and JH collected data. JH conducted data analysis. FJC, GTF and JH contributed to data interpretation. JH, FJC and GTF wrote the first draft; the final version of this paper has been reviewed and approved by all coauthors.

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Patient consent Obtained.

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