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Standardized Tobacco Assessment for Retail Settings (STARS): dissemination and implementation research

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ABSTRACT

Objective The Standardized Tobacco Assessment for Retail Settings (STARS) was designed to characterise the availability, placement, promotion and price of tobacco products, with items chosen for relevance to regulating the retail tobacco environment. This study describes the process to develop the STARS instrument and protocol employed by a collaboration of US government agencies, US state tobacco control programmes (TCPs), advocacy organisations, public health attorneys and researchers from the National Cancer Institute's State and Community Tobacco Control (SCTC) Research Initiative.

Methods To evaluate dissemination and early implementation experiences, we conducted telephone surveys with state TCP leaders (n=50, response rate=100%), and with individuals recruited via a STARS download registry on the SCTC website. Website registrants were surveyed within 6 months of the STARS release (n=105, response rate=66%) and again after ~5 months (retention rate=62%).

Results Among the state TCPs, 42 reported conducting any retail marketing surveillance, with actual or planned STARS use in 34 of these states and in 12 of the 17 states where marketing surveillance was not previously reported. Within 6 months of the STARS release, 21% of surveyed registrants reported using STARS and 35% were likely/very likely to use it in the next 6 months. To investigate implementation fidelity, we compared data collected by self-trained volunteers and by trained professionals, the latter method being more typically in retail marketing surveillance studies. Results suggest high or moderate reliability for most STARS measures.

Conclusion The study concludes with examples of states that used STARS to inform policy change.

Monitoring tobacco industry activity in the retail environment is essential to evidence-based policy-making and enforcement. However, tobacco control research and practice lacks a standardised, widely used measure for retail marketing surveillance.¹¹ For example, the Nutrition Environment Measures Survey¹² has >150 citations, but the most frequently cited instruments that assess retail tobacco marketing have six or fewer citations.¹¹ An accessible, standard instrument is needed to make comparisons within and between jurisdictions, and to inform evidence-based policymaking in the USA and in other countries. The current study addresses this significant gap in the literature.

The National Cancer Institute (NCI) established the State and Community Tobacco Control (SCTC) Research Initiative to address high-priority research gaps, including tobacco industry marketing and promotion as well as tax and pricing policies. A steering committee of SCTC investigators—led by researchers from Stanford Prevention Research Center (SPRC), the University of North Carolina at Chapel Hill, RTI International and the University of Illinois at Chicago, and other partners, including five state TCPs, the Centers for Disease Control and Prevention (CDC) Office on Smoking and Health and the Tobacco Control Legal Consortium—developed the Standardized Tobacco Assessment for Retail Settings (STARS) survey and training materials in 2013–2014 (see online supplementary appendix). The main innovation of the present study is to examine systematically the dissemination and implementation of STARS, the first surveillance tool for retail tobacco marketing that was designed for practitioners to inform state and local tobacco control policy efforts.

OVERVIEW AND PURPOSE OF STARS

A 2002 National Tobacco Monitoring, Research and Evaluation Workshop reviewed and identified improvements to the existing infrastructure for tobacco surveillance and evaluation.¹³ Focusing on tobacco brand pricing strategies, retail advertising and promotional allowances, the Vector Workgroup highlighted several problems with existing surveillance: laborious coding procedures, lack of standardised protocols and poor comparability between studies and across jurisdictions. Before STARS was developed, the Store Alert Report Card was the most widely used observational tool for surveillance of retail tobacco marketing in the USA.¹¹ However, the tool had not been updated for many years, and therefore, could not assess emerging products (eg, e-cigarettes and other ENDS), or inform new state and local policies to regulate tobacco marketing.

INTRODUCTION

Point of sale is the dominant channel for tobacco industry marketing, and the widespread availability of tobacco products and the visibility of tobacco marketing at the point of sale remain a significant public health concern, particularly in the poorest countries and communities.^{1 2} In the USA, there were ~375 000 tobacco retailers in 2013,³ and the largest tobacco companies spent \$8.6 billion (91% of annual marketing dollars) to increase the visibility of tobacco products at the point of sale and to reduce their price.⁴ More youth and young adults recall seeing tobacco marketing in stores than any other channel.⁵ Such exposure encourages youth to start smoking^{6 7} and makes it more difficult for smokers to quit.^{8 9} For these reasons, regulating the retail environment for tobacco is an increasing priority for many state and local tobacco control programmes (TCPs).¹⁰

CrossMark

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STARS was designed to be a rapidly deployable, low-cost method to assess retail tobacco product marketing and provide observational data to inform tobacco control policy, planning and practice. STARS was not intended to replace rigorous retail tobacco surveillance and evaluation efforts that have been employed by and for many state TCPs, including California,¹³ Florida,¹⁴ Massachusetts¹⁵ and New York,¹⁶ and conducted in other countries;^{2, 17–19} rather, as illustrated in the policy crosswalk (figure 1), STARS was designed to inform policy options for regulating the retail environment.

The STARS policy crosswalk is organised around the 4P's of marketing: product availability, promotion, placement and price, and also addresses policies that regulate 'place' (eg, the type and location of stores that sell tobacco). STARS items (column 2) are grouped where a single policy could address variations in the same general policy problem. For instance, in the first row of the Promotion section, items 6a–6f ask about exterior ads for cigarettes, menthol cigarettes, cigarillos, cigars, chew and e-cigarettes. If exterior advertisements for one or all of these products are a particularly pervasive problem in specific jurisdictions, or if partners deem outdoor advertising restrictions

as a politically feasible option from their localised knowledge and experience, a content-neutral policy that restricts the quantity of advertising on store windows and doors could advance tobacco control efforts.

The third column of the policy crosswalk offers examples of how to use the data collected with STARS, such as comparing the availability of specific products across neighbourhoods, near schools or between different types of stores. Summary data from STARS are meant to inform policy responses identified in the last column. For example, if STARS assessors document especially low prices for the cheapest pack of cigarettes, one solution would be to establish or strengthen state or local laws that increase minimum prices.²⁰

Released in June 2014 on the SCTC website (<http://sctcresearch.org>), STARS included a two-page PDF form, self-guided training materials (a 91-slide PowerPoint file and a 12-page Pocket Guide for field use) and an Excel data entry widget. The training materials were based on those developed by SPRC for the California TCP.²¹ Dissemination activities were designed to reach an audience of state and local health departments and tobacco control advocacy organisations. Activities

	Policy problem	STARS items	Example from data	Example policy
Product availability	Sale & display of tobacco products or e-cigarettes	8 12ab 16ab	• Calculate % of stores with prominently displayed products	• Ban product displays or limit # displayed • Require license to sell e-cigarettes
	Sale of OTPs, flavored OTPs, or singles	13abc 14ab 15ab	• Use GIS tools to compare availability of specific product across neighborhoods	• Establish minimum package laws for OTPs • Ban sales in youth locales
Promotion	Exterior ads	6a–f	• Calculate % of stores with at least one outdoor ad	• Restrict placement of outdoor ads • Implement content-neutral ad restrictions
	Ads for tobacco or e-cigarettes near youth items	12d 13f–16f	• Calculate % of stores with ads near youth items	• Limit placement of indoor ads • Limit manner of certain ads
	Self-service sales of OTPs or e-cigarettes	13g 14g 16g	• Calculate % of stores with self-service displays	• Ban self-service for OTPs & e-cigarettes • Require license to sell e-cigarettes
	Tobacco products or e-cigarettes near youth items	12c 13e–16e	• Compile geo-referenced photos of products for map presentation	• Ban self-service for OTPs • Ban self-service for e-cigarettes
	Price promotions for tobacco products or e-cigarettes	12ef 13hi–16hi	• Compare relative price of combustible & e-cigarettes • Use GIS tools to compare % of stores with promotions across neighborhoods	• Ban price discounts & coupons • Establish tax on e-cigarettes
Price	Cheap cigarette or OTP prices	13d 18ac 19ac	• Use GIS tools to compare prices in stores near schools with those farther away	• Establish minimum price for cigarettes • Increase minimum pack size for cigarillos
Place	Type & location of stores selling tobacco	7 9–10	• Compare availability, promotion, placement or price by store type (e.g., pharmacies versus others)	• Ban sales at certain types of stores • Limit # of licenses in specific areas
	WIC or SNAP accepted	17ab	• Compare availability, promotion, or price in WIC/SNAP versus other stores	• Ban sales at certain types of stores • Restrict retailers in certain zones

OTPs = other tobacco products, including cigars, cigarillos, little cigars, snuff, smokeless tobacco, loose tobacco, hookah
Youth locales = near schools, parks, libraries
Youth items = candy, soda, slushies, ice cream, toys

Originally appeared in: *Assessing Retail Environments with STARS*, available at <http://bit.ly/1MUJHuP>

For more information on POS Policies:

<http://cphss.wustl.edu/Projects/Pages/ASPIRE-Products.aspx>

<http://cphss.wustl.edu/Projects/Pages/Tobacco-Control-Guides.aspx>

<http://publichealthlawcenter.org>

Figure 1 Standardized Tobacco Assessment for Retail Settings policy crosswalk.

included webinars and teleconferences organised by CDC's Office on Smoking and Health with state TCPs and national partners, pointers to the SCTC website from others (eg, <http://www.CounterTobacco.Org> and <http://www.Tobacconomics.org>), email announcements to key non-governmental agencies (eg, Campaign for Tobacco-Free Kids) as well as social media postings (Twitter and Facebook).

Instrument development

The steering committee selected STARS items from candidate measures that had previously demonstrated reliability and policy relevance. For example, the committee deliberated whether STARS measures should include a count of tobacco advertisements, because such measures are widely used and informative in some contexts.² However, the quantity of advertising did not seem amenable to state and local policymaking, because inevitable legal challenges to regulating commercial speech in the USA²² defy the old adage that 'What gets measured gets changed'. Other candidate items for STARS were generated by the steering committee, drawing from the literature and experience with retail observations. Reliability data were gleaned from publications,^{23–28} report to state TCPs,²⁹ and the authors' unpublished data.^{30 31}

Table 1 summarises reliability statistics for the candidate items for STARS, many of which were extracted from studies that used trained professional data collectors. For categorical measures, Cohen's κ and per cent agreement were obtained or assessed.³²

Intraclass correlation coefficients (ICC) assessed inter-rater reliability for continuous measures, such as price.³³ Consistent with reports from a systematic review,¹¹ items about the availability of cigarettes, generally, and menthol cigarettes, specifically, were the most reliable (κ 0.79–1.0). Measuring the availability of other tobacco products was less reliable in some studies (see table 1). One challenge for novice data collectors is that many tobacco companies promote cigarette and non-cigarette tobacco products with the same brand name.³⁴ In addition, lower reliability obtained for the presence of e-cigarettes may be because these products were relatively new, and reliability may improve as the products become more prevalent. Items that characterise other attributes of the store environment, such as store type and pharmacy counter, were also reliable (see table 1).

To assess price promotions more reliably, STARS captures their presence or absence for each item, without requiring data collectors to categorise types of promotions, such as single-pack or volume price discounts. Among the three items about placement of products and advertising, the presence of tobacco products near candy was the least reliable (κ 0.10–0.27), although per cent agreement indicated higher reliability in one study (see table 1). For price of cigarettes and e-cigarettes, Newport (the leading menthol cigarette), cheapest cigarette pack (regardless of brand) and a disposable e-cigarette (Blu, the leading brand when STARS was developed) all exhibited high reliability (ICC 0.87–1.0).

Table 1 Reliability statistics for candidate STARS items

Item	Description	κ	ICC	Citations
Place				
7	Store type	0.89–1.0		24, 29, 30
9	Presence of pharmacy counter	1.0		46
10	Availability of alcohol	0.76–0.79 (by brand)		47
17	WIC/SNAP accepted	0.86		48
Product availability				
12a	Cigarettes	0.97–1.0		23, 27, 29, 30
12b	Menthol cigarettes	0.79		30
13a	Cigarillos/little cigars	0.61–1.0		29, 30, 31
13b	Flavoured little cigars/cigarillos	0.91–0.94		30
	Flavoured cigars	0.61		31
14a	Cigars	0.57		30
15a	Chew, moist/dry stuff, dip or snus	0.54–1.0		29, 30, 31
16a	E-cigarettes	0.59–1.0		29, 30, 31
Promotion/placement				
6a–f	Exterior tobacco ads (counts)		0.57–0.99	29, 30
	Exterior cigarette ads (counts)		0.82	30, 31
	Exterior moist snuff or snus ads (counts)		0.43–0.90	30
12e–f	Any price promotions	0.41–0.69		29, 31
13–16h				
12c	Tobacco product near candy	0.10–0.27		25, 31
13–16e				
12d	Tobacco ad below 3.5 feet	0.41–0.78		25, 29, 30
13–16f	Cigarette ad below 3.5 feet	0.81		30
	Moist snuff or snus ad below 3.5 feet	0.69–0.88		30
13g	Self-service displays for cigarillos/little cigars	0.73–0.74		30
Price				
18b	Cheapest pack		0.94–1.0	30, 49
19b	Newport menthol hard pack cigarettes		0.87–1.0	29, 30, 31
20b	Blu menthol disposable e-cigarette		0.88	49

Cell entries are Cohen's κ or intraclass correlation coefficients. The Special Supplemental Nutrition Programme for Women, Infants and Children (WIC) provides federal grants to states for supplemental foods, healthcare referrals and nutrition education for low-income pregnant, breastfeeding and non-breastfeeding postpartum women, and to infants and children up to age 5 who are found to be at nutritional risk. Supplemental Nutrition Assistance Programme (SNAP) offers nutrition assistance to millions of eligible, low-income individuals and families and provides economic benefits to communities. Reliability for this item was obtained in combination with the presence of other signage. ICC, intraclass correlation coefficients; STARS, Standardized Tobacco Assessment for Retail Settings.

A few items with unknown reliability (eg, tobacco products sold as single units, tobacco products advertised for less than \$1, cross-product promotions and presence of signs with graphic health warnings) were included in STARS because of their relevance to state and local policymaking, such as increasing minimum package size, establishing/increasing minimum price and mandating countermarketing at the point of sale.³⁵

Six states (Colorado, Indiana, Kansas, Massachusetts, Oregon and Texas) volunteered to pilot test STARS in a total of ~300 stores. The average completion time was <10 min per store ($M=9.7$, $SD=5.6$). Based on feedback from pilot testing, the final instrument included a new item about the availability of little cigars/cigarillos for less than \$1, and the form was revised to improve question order and data entry format for prices (see online supplementary appendix).

DISSEMINATION AND IMPLEMENTATION RESEARCH

Following a framework for dissemination and implementation research,³⁶ the substudies reported here address dissemination reach, implementation fidelity and diffusion. To study dissemination reach, we conducted a telephone survey of individuals who registered to download STARS from the SCTC website. To study implementation fidelity, we examined the degree to which self-trained data collectors using the STARS instrument could obtain reliable measures by examining measurement concordance with professionally trained data collectors in the same stores. To study the diffusion of STARS, we surveyed state TCP leaders ~1 year after STARS was released. Each substudy is described in the following sections.

STARS user registry survey

Following a protocol approved by the Institutional Review Board at the Stanford University School of Medicine and the University of North Carolina, the website registry asked

potential users to provide consent to be contacted for a survey, and to select from a list of reasons for downloading STARS.

Between June 2014 and January 2015, there were 180 unique downloads of STARS from the SCTC website and the 171 registered users that agreed to be surveyed comprised the sample. Baseline surveys were conducted ~4 months from the participants' registry date, and follow-up surveys were conducted ~5 months after baseline. Excluding 15 cases that could be not be contacted (eg, invalid email, changed organisation or unable to download STARS), 105 registered users completed a 15-min telephone survey at baseline (response rate=66%). After excluding 17 cases who were ineligible (eg, left employment or email address failure), the retention rate at follow-up was 62%.

The baseline survey contained 33 questions about the use and opinions of STARS, including prior experience using store audits, experience with or planned use of the STARS form and accompanying materials, intentions for using the collected data and tobacco control policy priorities. The follow-up survey was identical to baseline with additional questions about the usefulness of additional resources to inform the future development of STARS: training videos, a document that links STARS questions to policy strategies, and optional modules for vape shops as well e-cigarettes and other ENDS.

Results

Participants from 46 states and from India, Costa Rica and the US territory Palau completed the telephone survey at baseline. Table 2 compares characteristics of participants and non-respondents at baseline and follow-up. At baseline, the majority of participants (55.2%) were from local or state health departments, 21.9% were from research institutions and 22.9% were from other organisations.

Among the 105 respondents at baseline, 21% of participants reported using STARS and 35% reported being likely or very

Table 2 Characteristics of STARS user registry survey participants

Participant characteristics	Baseline		Follow-up	
	Respondents (n=105)	Non-respondents (n=60)	Respondents (n=65)	Lost to follow-up (n=37)
Gender				
Male	22 (21.2%)	14 (23.3%)	17 (26.2%)	6 (16.2%)
Female	83 (79.8%)	39 (65.0%)	48 (73.8%)	31 (83.8%)
Not reported	0 (0.00%)	7 (11.7%)	0 (0.00%)	0 (0.00%)
Race/ethnicity				
Hispanic or Latino			3 (4.6%)	2 (5.4%)
White			52 (80.0%)	26 (70.3%)
Black or African-American			4 (6.2%)	7 (18.9%)
Asian			6 (9.2%)	2 (5.4%)
Native Hawaiian or other Pacific Islander			1 (1.5%)	1 (2.7%)
American Indian or Alaska Native			1 (1.5%)	0 (0.00%)
Not reported			1 (1.5%)	1 (2.7%)
Organisation type				
Local or state health departments	58 (55.2%)	26 (43.3%)	29 (44.6%)	18 (48.6%)
Other companies or organisations	24 (22.9%)	18 (30.0%)	18 (27.7%)	11 (29.7%)
Research institutions	23 (21.9%)	15 (25.0%)	18 (27.7%)	8 (21.6%)
Planned use (multiple responses)				
Policy advocacy/development	50 (47.6%)	30 (50.0%)	35 (53.8%)	15 (40.5%)
Evaluation/research/needs assessment	61 (58.1%)	42 (70.0%)	41 (63.1%)	20 (54.1%)
Community education/engagement	49 (46.7%)	32 (53.3%)	30 (46.2%)	16 (43.2%)
Other	19 (18.1%)	6 (10.0%)	7 (10.8%)	8 (21.6%)

Data from follow-up interviews with three respondents were lost and could not be reported in this table.
STARS, Standardized Tobacco Assessment for Retail Settings.

likely to use STARS in the next 6 months. This subset of respondents reported three primary uses for STARS: 32% would use the data to inform policy change or educate decision makers; 21% to raise awareness about retail tobacco marketing and 19% to conduct retailer surveillance (eg, report writing and mapping). Most users (71%) either customised STARS or planned to do so, either by programming for electronic data collection or by adding more items about e-cigarettes, alcohol or food. A few users reported omitting items, such as collecting prices, which sometimes require interaction with a store clerk.

Among the 65 respondents at follow-up, 14 had used STARS at baseline. Of the 51 participants who had not used STARS at baseline, 12 (18%) had used STARS since baseline assessment, 12 (18%) planned to use it within 6 months, 21 (32%) reported intended to use STARS in the future and 6 (9%) reported that they would never use it. Combining responses from baseline and follow-up, we estimated that 82% of the user registry either used STARS or were likely to use it in the future. This estimate assumed that participants who did not use STARS at baseline, and were lost to follow-up, would never use STARS.

Between 58% and 88% of respondents rated each additional resource as being very useful. Practitioners were as interested as researchers in additional modules for e-cigarettes and vape shops, which is consistent with state TCP surveys about prioritising regulation of e-cigarettes.^{37 38} Both of these modules are under development. Users also identified a few barriers to implementation: underestimating the importance of field practice before data collection and a desire for more technical assistance, with analysis and with guidance on how to use the data in their community.

IMPLEMENTATION FIDELITY OF THE STUDY

STARS is intended to be implemented by self-trained data collectors, and was developed with the expectation that independent use of the STARS form, protocol and supporting materials, without technical assistance from the developers, would yield valid and reliable estimates of the retail tobacco marketing environment. It was not known, however, how the quality of data collected with STARS would compare to data collected by trained, professional data collectors. To assess the measurement concordance between self-trained and professional data collectors, an intermethod reliability study was conducted in New York State in conjunction with the 2014 New York Retailer Advertising Tobacco Survey.¹⁶

Methods

A convenience sample of 160 stores from a probability sample of licensed tobacco retailers was visited by a professional data collector and by a self-trained data collector. Data collectors visited stores independently during July–October 2014, with an average of 42 days between the two visits (range 0–73 days). Professional data collectors used an electronic data collection instrument modified to include a subset of 45 STARS survey items; the self-trained data collectors used the paper-and-pencil STARS instrument.

Data from professional and self-trained data collectors were matched based on reported store name and address. A total of 14 stores were dropped from the sample for the following reasons: non-matching store name or address (n=4), store does not sell tobacco (n=3), unsafe neighbourhood (n=2), store does not exist (n=2), store closed when data collector visited (n=2) and store burned down (n=1). The final sample included 146 tobacco retailers located throughout New York State, with the greatest concentration in New York City. Item-specific

concordance between self-trained and professional data collectors was assessed using percentage agreement and Cohen's κ for categorical variables, and percentage agreement and ICC for continuous variables. Since κ is sensitive to the distribution of responses, known as the κ paradox,³² we also include for context the measure distribution by source (ie, self-trained vs professional data collectors) and percentage agreement. Our data are similar to Shrout-Fleiss's ICC Model 1 because each store was rated by a different set of data collectors.³³ ICCs are scaled from 0 (no agreement) to 1 (perfect agreement); however, negative ICCs and ICCs >1 are possible.

Results

Box 1 summarises the strength of intermethod reliability (concordance of self-trained with professionally trained data collectors), categorising several measures as having 'High' reliability (κ or ICC ≥ 0.80 ; or $\kappa \leq 0.20$ and percentage agreement $\geq 90\%$), moderate reliability ($\kappa \geq 0.30$ or ICC < 0.80) or 'Low' reliability ($\kappa > -1.0$ or ICC < 0.30). The majority of STARS measures were found to have high or moderate reliability, with data collected by self-trained observers yielding values consistent with those of trained, professional, data collectors.³⁹ Some items that involve judgements about distance (for product placement), recognising the presence of promotions and identifying product prices were less reliable, which might be explained by the ~6-week average delay between store visits by professional and self-trained data collectors.

Diffusion study: state TCP leader survey

Methods

State TCP leaders were contacted by email for recruitment and scheduling, and then participated in 30-min, semistructured

Box 1 Summary of Standardized Tobacco Assessment for Retail Settings item reliability between self-trained and professionally trained data collectors: New York State (2014)

High reliability*

- ▶ Cigars, smokeless tobacco within 12 inches of gum, candy and toys;
- ▶ Price of Newport menthol pack;
- ▶ Price of cheapest cigarette pack.

Moderate reliability†

- ▶ Presence of exterior advertising for cigarettes, cigars, smokeless tobacco or e-cigarettes;
- ▶ Presence of flavoured cigars, smokeless tobacco or e-cigarettes;
- ▶ E-cigarettes within 12 inches of gum, candy and toys.

Low reliability‡

- ▶ Cigarettes within 12 inches of gum, candy and toys;
- ▶ Cigarettes, cigars, smokeless tobacco or e-cigarettes placed at or below child's eye level;
- ▶ Price of blu menthol e-cigarettes.
- ▶ Presence of price promotions for cigarettes, menthol cigarettes, cigars, smokeless tobacco or e-cigarettes.

*High reliability is defined as: κ or intraclass correlation coefficients ≥ 0.80 ; or $\kappa \leq 0.20$ and percentage agreement $\geq 90\%$.

†Moderate reliability is defined as: $\kappa \geq 0.30$ or intraclass correlation coefficients < 0.80 .

‡Low reliability is defined as: $\kappa > -1.0$ or intraclass correlation coefficients < 0.30 .

telephone interviews about tobacco control activities. The recruitment and survey procedures are described elsewhere.³ Interviewers asked about the policy environment, prior experience with retail marketing surveillance and frequent or occasional use of several point-of-sale resources, including STARS. Responses from state TCP leaders (n=50, response rate=100%) were coded to indicate if state or local groups conduct either one-time or routine marketing surveillance, and what instrument was used.

Results

In 2015, 64% of state TCP leaders reported using STARS or planned to do so (see figure 2). In the subset of 42 states where retail marketing surveillance was underway or planned, 32 either used or planned to use STARS. Among the 17 states that first conducted tobacco retail marketing surveillance since STARS was released in 2014, 12 of reported that they currently used STARS or planned to use it in the future.

Four of these states were featured in case studies about how STARS was used to inform policy change.³⁰ Noticing a proliferation of vape shops around the state's colleges and universities, student leaders from the 'Peers Against Tobacco' programme at the University of Texas at Austin used STARS to document the availability of e-cigarettes. In Indiana and Oregon, STARS was used to raise awareness about youth exposure to retail tobacco marketing and disparities among different neighbourhoods, and between rural and urban environments. Vermont incorporated STARS into a statewide, comprehensive audit of retailers.

These case studies illustrated how STARS had been used by different audiences, including youth, college students, community partners, local and state health departments. They

demonstrated that the instrument can be modified readily: All four sites added more detailed items that were important in their communities, such as e-hookah near Texas colleges and smokeless tobacco in Indiana. In the Texas case study, STARS was also customised for electronic data collection. Users in Oregon and Vermont integrated STARS with nutrition, alcohol and lottery audits, which eased implementation and increased the scope of dissemination.

The four sites employed various dissemination efforts for their STARS results. In Texas, Peers Against Tobacco shared results at campus events in order to campaign for 100% tobacco-free campus policies. In Indiana, results were presented through community forums and middle schools. County health departments in Oregon presented STARS results to County Boards and earned media coverage,⁴⁰ whereas the state public health agency featured STARS results on its website and Facebook page. Representatives of Vermont's 'Counter Balance' campaign held a press event to announce the STARS results and earned television, print and online media coverage. In all four cases, STARS data helped to dramatise the need for policy change.

CONCLUSIONS

This research described the development, dissemination and implementation of STARS, which was designed with the objective of increasing state and local capacity to conduct retail tobacco marketing surveillance to inform policy change. STARS dissemination activities achieved broad reach (downloaded by users in 46 US states and several countries globally), and found its intended audience: nearly half of registry participants were from state and local health departments. Results from surveys

Figure 2 Standardized Tobacco Assessment for Retail Settings use/planned use in states, by prior experience with retail tobacco marketing surveillance: state tobacco control programme leader survey (2015).

suggested that the majority of registered users intended to use STARS results to raise awareness or advance policy goals.

This research also provides evidence of good implementation fidelity. Self-trained data collectors obtained reliable data from STARS, and measures with low reliability were generally those assessing product price and price promotions, which tend vary over time to reflect industry marketing activities. The reliability of these items might be improved if training materials include more detailed examples and practice questions. Alternative modalities, such as brief, web-based training videos, may also help to improve the reliability of data collected by self-trained observers. If reliability remains low for certain measures even after training improvements, then these may need to be revised or removed from STARS. Hiring and training residents of disadvantaged neighbourhoods to conduct marketing surveillance in nearby stores have been a successful strategy.⁴¹ Future research should evaluate advantages of collaborating with youth and other priority populations for collecting data with STARS.

Results from a survey of state TCP leaders found that more than half of states now use or plan to use STARS. Its launch coincided with a burst of local and state policy activity in the retail setting.¹⁰ Reports of customising STARS were common, such as modifying the brands for which prices were collected, adding items about alcohol and assessing availability of fresh fruit/vegetables and energy drinks. Research is needed to evaluate the extent to which additional time spent in stores decreases completion rates or decreases reliability when a more complex instrument demands additional training for data collectors.

Beyond the dissemination and implementation examples documented in this research, STARS has been used to evaluate a sales restriction on flavoured tobacco products,⁴² and to document tobacco marketing strategies at stores in tribal jurisdictions.⁴³ STARS was also added to the PhenX Measures for Tobacco Regulatory Research, which is intended to enhance cross-study analysis in large-scale research to inform tobacco regulation.⁴⁴ In addition, practitioners could use STARS to raise awareness about lower prices for menthol cigarettes, greater availability of cheap little cigars/cigarillos and other disparities in tobacco marketing by neighbourhood race/ethnicity and income. Finally, a vape shop version, vSTARS, and e-cigarette version, eSTARS will be released in summer 2016.

A strength of this multicomponent, coordinated dissemination and implementation research is the focus on different types of end users: state TCP leaders, individuals who downloaded the tool and materials from the user registry and self-trained data collectors. A limitation of this research is that the user registry survey investigated the 39.5% of unique page views that downloaded STARS, which was a relatively small and self-selected

sample of early adopters. More research over a longer time period is needed to understand the global diffusion and applications of STARS to inform and evaluate policy change.⁴⁵

Given the importance of the retail environment to the tobacco industry's overall marketing strategies,⁴ sustained use and refinement of STARS will improve state and local capacity to document changes in industry efforts as well as inform place-based tobacco control strategies and tobacco regulatory approaches that mitigate the influence of tobacco product marketing in the retail setting.

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What this paper adds

- Numerous studies in the USA and many other countries use retail surveillance research to examine tobacco industry marketing practices.
- Tobacco control research and practice lacks a standardised instrument for measuring changes over time, comparing results across jurisdictions and informing evidence-based policymaking.
- STARS is a rapidly deployable, low-cost method to assess retail tobacco product marketing and provide reliable data to inform policy and practice.

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