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Global economic cost of smoking-attributable diseases

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ABSTRACT

Background The detrimental impact of smoking on health has been widely documented since the 1960s. Numerous studies have also quantified the economic cost that smoking imposes on society. However, these studies have mostly been in high income countries, with limited documentation from developing countries. The aim of this paper is to measure the economic cost of smoking-attributable diseases in countries throughout the world, including in low- and middle-income settings. **Methods** The Cost of Illness approach is used to estimate the economic cost of smoking attributable-diseases in 2012. Under this approach, economic costs are defined as either 'direct costs' such as hospital fees or 'indirect costs' representing the productivity loss from morbidity and mortality. The same method was applied to 152 countries, which had all the necessary data, representing 97% of the world's smokers.

Findings The amount of healthcare expenditure due to smoking-attributable diseases totalled purchasing power parity (PPP) \$467 billion (US\$422 billion) in 2012, or 5.7% of global health expenditure. The total economic cost of smoking (from health expenditures and productivity losses together) totalled PPP \$1852 billion (US\$1436 billion) in 2012, equivalent in magnitude to 1.8% of the world's annual gross domestic product (GDP). Almost 40% of this cost occurred in developing countries, highlighting the substantial burden these countries suffer.

Conclusions Smoking imposes a heavy economic burden throughout the world, particularly in Europe and North America, where the tobacco epidemic is most advanced. These findings highlight the urgent need for countries to implement stronger tobacco control measures to address these costs.

INTRODUCTION

The detrimental impact of smoking on physical health and well-being has been widely documented throughout the world since the early 1960s.^{1 2} Numerous studies have also quantified the economic cost that smoking imposes on society. However, these studies have mostly been in high-income countries, with less documentation available from developing countries.³ Today, the growing burden of non-communicable diseases (NCDs) in developing countries has further heightened interest in monitoring the economic cost of associated risk factors such as tobacco use.

Global concern about the impact of NCDs resulted in the 2012 Political Declaration of the High-Level Meeting of the United Nations General Assembly on the Prevention and Control of Non-communicable Diseases.⁴ This Declaration notes with grave concern the 'increased burden that

NCDs impose through impoverishment from long-term treatment costs, and from productivity losses that threaten household incomes and the economies of Member States'. In 2015, the UN General Assembly also adopted the 2030 Agenda for Sustainable Development.⁵ It includes 17 Goals (sustainable development goals (SDGs)) that all Member States have agreed to achieve by 2030. SDG 3 to 'ensure healthy lives and promoting well-being for all ages' includes target 3.4 to reduce by one-third premature mortality from NCDs, and target 3.a to strengthen country implementation of the WHO Framework Convention on Tobacco Control (WHO FCTC).⁵⁻⁷

The WHO has previously noted that—despite some good progress—many countries have yet to introduce tobacco control measures at their highest level of implementation. This has left their populations at increased risk from tobacco use and secondhand smoke exposure, with the illness, disability and death they cause.⁸ All countries have the ability to implement proven cost-effective tobacco control policies to protect the health of their citizens.^{9 10} Tobacco control can potentially make a significant contribution towards the achievement of development priorities such as the SDGs.

The aim of this study is to measure the global economic cost of smoking-attributable diseases (ie, those caused by direct exposure to smoking). These findings will highlight the need for countries to implement more comprehensive tobacco control measures to address these economic costs, while also helping to achieve global development priorities under the SDGs.

METHODS

This study adopts a classic Cost of Illness approach to modelling the economic impact of an illness as developed by Rice and colleagues in the 1960s.³ Under this approach, the gross economic impact of an illness is divided into 'direct costs' incurred in a given year (eg, hospitalisation and medications) and 'indirect costs' representing the value of lost productivity in current and future years due to disability and mortality. Direct and indirect costs are then summed to provide the overall economic cost to society, often expressed as a percentage of annual gross domestic product (GDP).¹¹ This approach has been used in the vast majority of studies on the economic costs of smoking, particularly in developing countries.^{3 12} Some variations of this approach have been developed over time, for example, the life cycle approach to direct cost estimation. We compare these developments with the classic approach in our discussion section.



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We were able to collect the necessary data to complete our calculations for 152 countries, representing 97% of the world's smokers. The countries were grouped according to World Bank income status and WHO region. Key results for all countries are contained in the online supplementary material file. The findings are reported in international dollars using International Monetary Fund (IMF) purchasing power parity (PPP) exchange rates for 2012. The use of international dollars (PPP\$s) is common practice to ensure that the estimation of economic costs in different countries are comparable, and properly reflect underlying differences in the cost of living for people in countries at different levels of development.¹³ However, we also report the key findings in US dollar (US\$) terms.

Estimation of direct costs

Cost of Illness studies often categorise direct costs into either healthcare or non-healthcare expenditures. Healthcare expenditures are those incurred from the diagnosis and treatment of smoking-attributable diseases (hospitalisation, physician services, medications, etc), while non-healthcare expenditures are incurred outside of the health system (eg, property loss from fires caused by cigarettes). For the purpose of this study, we limit our investigation of direct costs to healthcare expenditure.

A literature search was undertaken to gather data on smoking-attributable healthcare expenditures in different countries. We searched four bibliographic databases (EconLit, EMBASE, PubMed and Cochrane), checked the reference list of recent systematic reviews and searched Google for grey literature.¹² Studies were included if they were published in the past 25 years, calculated health costs on an annual basis and included at least three major smoking-attributable diseases. The reasoning behind these search criteria was to assess the finding of studies that were comparable in scale and scope. Titles and abstracts were screened before potentially eligible studies were assessed by two reviewers. Studies were then excluded if they were funded by the tobacco industry, or were for areas that are not UN Member States (we lack the background data for provinces or special administrative regions). Overall, the literature search found 33 studies covering 44 countries.^{14–46}

These 44 countries are shown in [table 1](#) alongside background information such as the World Bank income status and smoking-attributable death (SAD) rate for each population as reported by WHO.⁴⁷ Based on the 2012 WHO Global Health Expenditure database, these 44 countries accounted for 86% of total health expenditure (THE) worldwide in international dollar terms.⁴⁸

The final column of [table 1](#) shows the proportion of health expenditure that each of these studies found to be attributable to smoking. These smoking-attributable fractions (SAFs) were reported by the authors, with the exception of the studies for Australia, Bangladesh, Brazil and Thailand. We calculated the SAF for these four countries by dividing the authors' estimate of the absolute amount of smoking-attributable health expenditure (SAHE) by THE for the relevant year.

The dollar amount of SAHE_{*i*} in all of these 44 countries was then calculated for 2012 as:

$$\text{SAHE}_i = \text{SAF}_i \times \text{THE}_i,$$

where (SAF_{*i*}) is the smoking-attributable fraction for each country (*i*) and (THE_{*i*}) is total health expenditure in PPP\$ for 2012.

Simple linear regression analysis was then used to estimate the SAF in countries not included in [table 1](#). [Figure 1](#) shows that

there is a strong correlation between the SAF and the SAD rate in our sample of 44 countries from the literature search. Although this correlation alone does not prove causation, the direction of the relationship seems clear (ie, as the disease burden from smoking increases, a greater share of health resources is allocated to treat them). Simple linear regression analysis confirms the statistical strength of this relationship, with an adjusted R² of 0.9219 and a p value of <0.001. Note that GDP/capita was initially included in the analysis to control for income, but was found to be insignificant. The model was also tested for heteroscedasticity using White's test and specification error for omitted variables using Ramsey regression specification-error test in STATA 13. The regression is run through the origin after finding insignificant constant term.

The regression coefficient from the estimated equation $\text{SAF} = 0.024643\text{SAD}$ and the SAD rate was used to estimate the SAF for health expenditure in the countries not included in [table 1](#). These SAFs were then multiplied by THE for each country as before to arrive at the SAHE. Note—since the majority of global health expenditure has already been accounted for by the 44 countries in [table 1](#)—this approach was applied to countries that constitute just 14% of total global health expenditure.

Estimation of indirect costs

Indirect costs measure the economic loss associated with excess levels of morbidity and mortality caused by smoking-attributable diseases. This economic loss has been quantified in our study using the human capital method (HCM), which calculates the present value of labour productivity loss due to morbidity and mortality. As discussed, the HCM has also been used in the vast majority of studies on the economic cost of smoking.^{3 12}

The first step is to establish the physical burden of disease among smokers in the working-age population. This study uses updated WHO estimates for each Member State of the number of SADs among adults aged 30+ in 2012 (WHO. WHO global report: mortality attributable to tobacco. Geneva; World Health Organization; forthcoming). These estimates are based on the methodology pioneered by Peto (1992) with a further explanation available in WHO (2012).^{47 49} The causes of death include tuberculosis, lower respiratory infections, malignant neoplasms, cardiovascular diseases and respiratory diseases. The age cohorts include adults aged 30–59 and 60–69 years, with the latter being the best available approximation for age of retirement.

With respect to morbidity, earlier WHO estimations in 2004 included the number of disability adjusted life years (DALYs) lost to smoking—where the DALY measure defines morbidity as the number of years lost to disability (YLD). This study updates the 2004 estimates of smoking-attributable years lost to disability (SYLD_{*ijka*}) to 2012 using the following calculation:

$$\text{SYLD}_{ijka} = \text{PROP}_{ijka} \times \text{YLD}_{ijka},$$

where (PROP_{*ijka*}) is the fraction of years lost to disability attributable to smoking by gender (*j*), age (*a*) and disease (*k*) for country (*i*) in 2004, and (YLD_{*ijka*}) is the absolute number of years lost to disability in 2012 for the same gender, age, disease and country. As the SAF for YLDs in 2012 was not available, the fraction from 2004 was instead applied to the disability statistics contained in the 2012 Global Burden of Disease database.⁵⁰

The estimates of smoking-attributable disability and mortality were then converted into equivalent labour years lost using the

Table 1 Health cost studies of smoking-attributable diseases, 1990–2015

Study authors	Country name	Income group	Diseases included	SAD rate	SAF (% health expenditure)
Cadilhac <i>et al</i> ¹⁴ (2011)	Australia	HIC	HS	170	4.8
Collins and Lapsley ¹⁵ (2002)	Australia	HIC	M C R S O	170	3.9
GHK ¹⁶ (2009)	Austria	HIC	M C R	188	5.8
WHO ¹⁷ (2005)	Bangladesh	LIC	M C R T	255	6.7
GHK ¹⁶ (2009)	Belgium	HIC	M C R	295	6.4
Pinto <i>et al</i> ¹⁸ (2015)	Brazil	UMIC	M C R S	143	6.1
GHK ¹⁶ (2009)	Bulgaria	UMIC	M C R	296	4.0
Rehm <i>et al</i> ¹⁹ (2006)	Canada	HIC	M C R O	239	3.7
Sung <i>et al</i> ²⁰ (2009)	China	UMIC	M C R T	137	3.1
Yang <i>et al</i> ²¹ (2011)	China	UMIC	M C R T	137	3.0
GHK ¹⁶ (2009)	Cyprus	HIC	M C R	101	3.6
GHK ¹⁶ (2009)	Czech Rep	HIC	M C R	296	7.2
Sovinova <i>et al</i> ²² (2002)	Czech Rep	HIC	M C R O	296	11.0
GHK ¹⁶ (2009)	Denmark	HIC	M C R	358	7.5
Rasmussen <i>et al</i> ²³ (2004)	Denmark	HIC	M C R	358	9.2
GHK ¹⁶ (2009)	Estonia	HIC	M C R	349	9.6
Taal <i>et al</i> ²⁴ (2004)	Estonia	HIC	M C R O	349	7.0
GHK ¹⁶ (2009)	Finland	HIC	M C R	155	5.3
GHK ¹⁶ (2009) ¹	France	HIC	M C R	193	6.1
GHK ¹⁶ (2009) ¹	Germany	HIC	M C R	215	5.9
Neubauer <i>et al</i> ²⁵ (2006)	Germany	HIC	M C R T	215	3.2
Ruff <i>et al</i> ²⁶ (2000)	Germany	HIC	M C R	215	4.3
Welte <i>et al</i> ²⁷ (2000)	Germany	HIC	M C R T O	215	4.9
GHK ¹⁶ (2009)	Greece	HIC	M C R	238	6.4
GHK ¹⁶ (2009)	Hungary	UMIC	M C R	495	11.9
John <i>et al</i> ²⁸ (2009)	India	LMIC	M C R T	112	3.6
John <i>et al</i> ²⁹ (2015)	India	LMIC	M C R T	112	3.3
GHK ¹⁶ (2009)	Ireland	HIC	M C R	284	7.1
Ginsberg and Geva ³⁰ (2014)	Israel	HIC	M C R O	114	2.6
GHK ¹⁶ (2009)	Italy	HIC	M C R	211	6.3
Izumi <i>et al</i> ³¹ (2001)	Japan	HIC	HS	200	3.8
GHK ¹⁶ (2009) ¹	Latvia	HIC	M C R	326	8.1
Chaaban <i>et al</i> ³² (2010)	Lebanon	UMIC	M C R	121	4.2
GHK ¹⁶ (2009)	Lithuania	HIC	M C R	282	8.3
GHK ¹⁶ (2009)	Luxemburg	HIC	M C R	214	6.5
GHK ¹⁶ (2009)	Malta	HIC	M C R	150	5.5
Reynales-Shigematsu <i>et al</i> ³³ (2006)	Mexico	UMIC	M C R	65	4.3
GHK ¹⁶ (2009)	Netherlands	HIC	M C R	268	7.2
van Genugten <i>et al</i> ³⁴ (2004)	Netherlands	HIC	M C R	268	8.5
GHK ¹⁶ (2009)	Poland	HIC	M C R	353	6.6
GHK ¹⁶ (2009)	Portugal	HIC	M C R	155	4.5
GHK ¹⁶ (2009)	Romania	UMIC	M C R	295	5.0
Potapchik and Popovich ³⁵ (2014)	Russia	UMIC	M C R	398	13.0
Quah <i>et al</i> ³⁶ (2006)	Singapore	HIC	M, C, R, F	157	1.8
GHK ¹⁶ (2009)	Slovakia	HIC	M C R	268	6.1
GHK ¹⁶ (2009)	Slovenia	HIC	M C R	279	6.6
Kang <i>et al</i> ³⁷ (2003)	South Korea	HIC	M C R O	211	7.3
GHK ¹⁶ (2009)	Spain	HIC	M C R	185	6.0
Bolin <i>et al</i> ³⁸ (2007)	Sweden	HIC	M C R O	147	1.2
GHK ¹⁶ (2009)	Sweden	HIC	M C R	147	4.9
Priez <i>et al</i> ³⁹ (1999)	Switzerland	HIC	M C R	153	3.4
Leartsakulpanitch <i>et al</i> ⁴⁰ (2007)	Thailand	UMIC	M C R	174	3.6
Allender <i>et al</i> ⁴¹ (2009)	UK	HIC	M C O	330	5.5
GHK ¹⁶ (2009)	UK	HIC	M C R	330	6.4
Scarborough <i>et al</i> ⁴² (2011)	UK	HIC	M C O	330	4.7
CDC ⁴³ (2002)	USA	HIC	M C R O	318	6.0
Xu <i>et al</i> ⁴⁴ (2015)	USA	HIC	HS	318	8.7
Hoang Anh <i>et al</i> ⁴⁵ (2014)	Vietnam	LMIC	M C R	228	5.8
Ross <i>et al</i> ⁴⁶ (2007)	Vietnam	LMIC	M C R	228	4.3

C, cardiovascular and circulatory diseases; HIC, high income; HS, health system; LIC, low income; LMIC, lower middle income; M, malignant neoplasms; O, other; R, non-malignant respiratory disease; S, secondhand smoke; SAD, smoking-attributable death; SAF, smoking-attributable fraction; T, tuberculosis; UMIC, upper middle income.

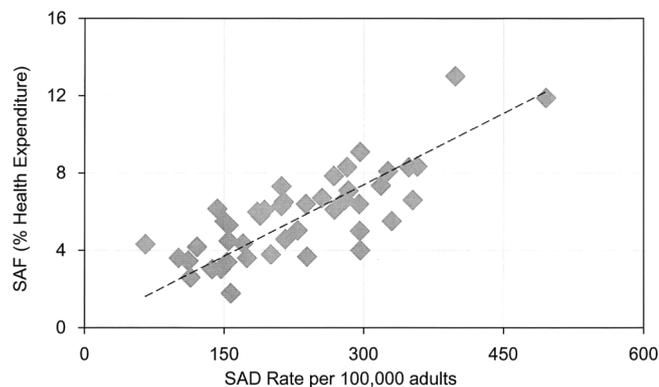


Figure 1 Smoking-attributable fraction (SAF) for healthcare expenditure and smoking-attributable death (SAD) rate.

World Bank employment-to-population ratio for each country.⁵¹ The number of labour years lost due to disability (LYLD_i) was calculated as the smoking-attributable years lost to disability (SYLD_{ijka}) for all diseases by gender (j) and age (a) multiplied by the corresponding employment-to-population ratio (EMP_{ij}) for each country (i) and gender(j):

$$LYLD_i = \sum_j \sum_k \sum_a (SYLD_{ijka} \times EMP_{ij}).$$

The number of labour years lost due to mortality (LYLM_i) includes all future labour years lost until retirement at age 69. This total was calculated as the sum of SADs (SAD_{ija}) by gender (j) and age group (a) for country (i) multiplied by the average years until reaching retirement (YRS_{ija}) after accounting for survival rates through retirement age using WHO life tables, and then by the corresponding employment-to-population ratio:

$$LYLM_i = \sum_j \sum_a (SAD_{ija} \times YRS_{ija} \times EMP_{ij}).$$

The final step in the HCM is to calculate the total loss in productivity associated with the decrease in labour years. Note that the loss in productivity from disability is calculated annually, while the loss from death is calculated as the present value of productivity losses over all future years that an individual would have worked had they not died prematurely from a smoking-attributable disease. The value of lost productivity due to disability (VLPD_i) in each country was calculated as follows:

$$VLPD_i = LYLD_i \times PROD_i,$$

where (LYLD_i) is the combined number of male and female labour years lost due to disability and (PROD_i) is the amount of GDP generated per adult worker in PPP international dollar terms for 2012. Note that GDP/worker was calculated for each country by dividing national GDP by total employment in the 30–69 working-age cohorts.^{51 52}

As discussed, the present value of lost productivity due to mortality (PVLPM_i) includes current and future labour years lost and was calculated as:

$$PVLPM_i = \sum_a^{69} (LYLM_i \times PROD_i) \times (1 + V_i)/(1 + r),$$

where (V) is the growth rate of labour productivity in country (i) and (r) are the discount rates. The sum is over the age of premature death up until the age of retirement at 69 years. The IMF's forecast of growth in GDP/capita was used as a proxy for

productivity growth(V). As per standard practice in health economics, a discount rate of 3% was applied to all countries.⁵³

The total economic cost of smoking-attributable diseases (TEC) is given by the sum of the direct and indirect costs of morbidity and mortality aggregated over all countries:

$$TEC = \sum_i SAHE_i + \sum_i VLPD_i + \sum_i PVLPM_i.$$

Summary of data sources

THE for each member state in 2012 was taken from the WHO Global Health Expenditure database.⁴⁸ Smoking-attributable mortality in 2012 was sourced from a forthcoming update of the WHO global report on mortality attributable to tobacco, while smoking-attributable disability was separately updated to 2012 using the Global Burden of Disease database.⁵⁰ Employment-to-population ratios for each Member State was taken from the World Bank World Development Indicators.⁵¹ GDP and GDP/capita in PPP international dollars for each Member State was sourced from the IMF World Economic Outlook.⁵²

FINDINGS

Health burden and labour loss

Table 2 summarises the physical burden of disease and labour force loss due to smoking-attributable diseases in 2012 categorised by World Bank income group and WHO region. Smoking caused 2.1 million deaths and 13.6 million years lost to disability (YLDs) among adults aged 30–69. Note that these 2.1 million deaths reflect a subset of the total 5 million deaths directly attributable to smoking.⁴⁷ In total, smoking-attributable diseases accounted for 12% of all deaths among the world's working-age population, with this proportion being highest in Europe and the Americas where the tobacco epidemic is at a late or mature stage of development.

The main impact on the labour market occurs via the permanent loss of workers due to early mortality. In 2012, it is estimated that the total 2.1 million SADs included 1.4 million deaths in those adults who otherwise would have been in the workforce (eg, representing a global adult employment rate of around 67%). The number of labour years lost (LYLs) due to smoking-related mortality includes the future labour years foregone until retirement. The number of LYLs due to smoking-attributable diseases came to 26.8 million years, with 18.0 million years lost due to mortality and 8.8 million years lost due to disability.

Smoking-attributable health expenditure

Table 3 summarises the global economic cost of smoking-attributable diseases in 2012, with the two main components being direct smoking-attributable health expenditures (SAHE) and indirect costs from productivity losses due to smoking-attributable disability and mortality. These findings are also categorised by World Bank income group and WHO region.

SAHE totalled PPP\$467 billion (equivalent to US\$422 billion) in 2012, and accounted for 5.7% of THE worldwide. This proportion was highest in HICs, the Americas and Europe. In Eastern Europe—where the tobacco epidemic is generally the most advanced—our calculations suggest that smoking is responsible for around 10% of THE in this subregion.

Indirect and total economic loss

The indirect cost of smoking-attributable diseases is estimated at PPP\$1385 billion (US\$1014 billion), with disability accounting

Table 2 Smoking-attributable burden of disease and labour force loss among adults aged 30–69 years

	Burden of disease			Labour force loss		
	Years lost to disability (000 years)	Adult deaths (000s)	All deaths (per cent)	Lost workers (000s)	Labour lost: disability (000 years)	Labour lost: mortality (000 years)
High-income	4717	764	23	462	2721	5409
Upper-middle-income	3539	581	10	386	2300	4919
Lower-middle-income	4213	685	9	501	2988	6862
Low-income	1139	82	6	63	827	830
World	13 607	2112	12	1412	8837	18 021
Africa	361	37	3	20	204	258
Americas	2863	336	15	209	1730	2591
Eastern Mediterranean	714	76	6	51	442	710
Europe	3206	722	26	433	1817	5287
Southeast Asia	3863	558	10	422	2832	5663
Western Pacific	2601	382	9	277	1813	3512

for PPP\$446 billion (US\$357 billion) and mortality accounting for PPP\$939 billion (US\$657 billion), respectively. The total economic cost of smoking is thus estimated at PPP\$1852 billion (US\$1436 billion), equivalent in magnitude to 1.8% of the world’s annual GDP. Almost 40% of the total economic cost occurs in low-income and middle-income countries reflecting the substantial loss these countries suffer due to tobacco use. Indeed, the four BRIC countries (Brazil, Russia, India and China) account for as much as 25% of the total economic cost of smoking.

The economic burden of smoking is proportionately highest in Europe, where the cost of smoking-attributable diseases is equivalent in magnitude to 2.5% of the region’s annual GDP. This includes significant subregional variation, with the costs in Eastern Europe amounting to as much as 3.6% of GDP compared with 2.0% in the rest of Europe. Similarly, the costs in Canada and the USA combined represent 3.0% of GDP compared with 1.0% in the rest of the Americas. The cost of smoking-attributable diseases is proportionately lowest in Africa and the Eastern Mediterranean region where smoking prevalence and the intensity of tobacco use is currently low compared to the ‘high burden’ populations like Eastern Europe. Many countries in Africa and other regions are still at an early stage of the epidemic, and the full societal cost of smoking may not be evident yet.

DISCUSSION

In this section, we discuss the findings of our sensitivity analyses, highlight the limitations of our study for future improvement, and discuss some alternatives to the classic Cost of Illness approach.

Sensitivity analysis

We explored the sensitivity of our findings for smoking-attributable healthcare expenditure by using the CI on the coefficient for SAF (0.022817; 0.026469) and the range of estimates for the 44 countries in table 1. Based on this sensitivity test, smoking-attributable health expenditure ranges between PPP\$418 and 514 billion globally, representing between 5.12% and 6.30% of THE. Similarly, the total economic cost of smoking ranged between PPP\$1803 and 1899 billion globally—equivalent in magnitude to between 1.76% and 1.85% of worldwide GDP.

Study limitations

The estimates in our study relate to direct exposure through smoking and do not include the harm from secondhand smoke or smokeless forms of tobacco. Secondhand smoke is responsible for around 600 000 deaths per annum and their inclusion would thus have a measurable impact on our estimate of the economic cost of smoking.⁵⁴ Smokeless tobacco products are

Table 3 The economic cost of smoking-attributable diseases, PPP international dollars

	Direct Cost		Indirect Cost		Total Cost	
	SAHE (PPP\$ mn)	THE Per cent	Disability (PPP\$ mn)	Mortality (PPP\$ mn)	Total (PPP\$ mn)	GDP Per cent
High-Income	369 002	6.5	275 097	478 833	1 122 932	2.2
Upper-Middle-Income	75 031	4.0	74 456	205 091	354 578	1.2
Lower-Middle-Income	21 236	3.9	91 447	246 365	359 048	1.7
Low-Income	2011	4.0	5272	8300	15 583	1.2
World	467 279	5.7	446 273	938 589	1 852 141	1.8
Africa	4566	3.5	5571	9317	19 454	1.0
Americas	239 559	6.7	159 445	226 886	625 890	2.4
Eastern Mediterranean	6583	2.0	13 291	24 807	44 680	0.6
Europe	141 787	6.6	134 552	339 503	615 843	2.5
Southeast Asia	15 299	4.1	83 880	220 320	319 499	1.8
Western Pacific	59 485	3.8	49 534	117 756	226 775	0.9

GDP, gross domestic product; THE, total health expenditure; PPP, purchasing power parity; SAHE, smoking-attributable health expenditure

widely used in many countries notably in South-East Asia. In India, it has been estimated that smokeless tobacco accounts for as much as 30% of all medical expenditures attributable to tobacco use.²⁹ Given more detailed monitoring and statistics, these other forms of exposure can be included in future estimations.

Our estimation of health expenditures relies on past studies in this field of research (table 1). These studies examine different diseases and use different techniques to calculate the SAF. Thus, we cannot state that the findings are fully comparable. However, our search criteria meant that only studies with at least three diseases—typically malignant neoplasms, cardiovascular and respiratory diseases—were included in our sample. As these conditions account for the vast majority (>90%) of SADs, we can claim a reasonable degree of comparability. This is also evident in the statistical strength of the correlation, as well as the tight range of results we found in our sensitivity analysis.

Our estimation of indirect cost uses the Human Capital Method (HCM) to estimate loss in production. While the HCM is a convenient measure for macroeconomic analysis, it does have some inherent limitations. For example, the HCM only calculates the indirect loss for people who are ‘economically active’ and may not reflect the full loss in societal welfare. Wage and productivity differentials between countries also mean that the HCM attributes greater loss to workers in high-income countries relative to those in low-income and middle-income countries. Note that our use of PPP\$ only partly adjusts for this bias. Finally, the HCM does not capture the potential dynamic linkages between health and economic growth through channels such as demography, education and investment.

Methodological considerations

The healthcare costs associated with smoking have traditionally been measured on an annual basis. However, there is a growing body of literature that uses longitudinal information to measure these costs on a life cycle basis.⁵⁵ This life cycle approach yields a richer source of evidence including for cost-effectiveness analyses. Nonetheless, the annual approach remains a valid form of analysis in its own right, and our contribution is to highlight the risk of ‘cost escalation’ particularly for countries that are still at the early stage of the tobacco epidemic (refer figure 1).

Several alternatives to the Human Capital Method (HCM) have been proposed in recent years. For example, the Friction Cost Method (FCM) aims to provide a more realistic description of the loss in economic output by measuring the time it takes employers to replace workers.⁵⁶ Under the FCM, long-term absentees are replaced and production levels are restored after a period of adjustment. The length of adjustment depends on the availability of labour (eg, unemployment). The FCM has been criticised for lacking theoretical underpinnings, and has not been taken-up widely to date.

The Willingness To Pay (WTP) approach uses different techniques to quantify peoples willingness to pay to avoid death.⁵⁷ This includes intangible factors like the value of leisure time or the absence of pain and suffering. The WTP approach has gained traction due to its grounding in welfare economics. The FCM yields the lowest estimate of indirect economic loss, while WTP yields the highest. The HCM yields estimates that are in-between. The HCM can also be applied relatively easily and consistently across countries, and arguably continues to be the most widely accepted approach. Nonetheless, future updates of this study might usefully include one or more of these alternative approaches together with the HCM.

CONCLUSION

We found that diseases caused by smoking accounted for 5.7% of global health expenditures in 2012, while the total economic cost of smoking was equivalent to 1.8% of global GDP. Smoking imposes a heavy economic burden throughout the world, particularly in Europe and North America where the tobacco epidemic is most advanced. These findings highlight the urgent need for all countries to implement comprehensive tobacco control measures to address these economic costs, while also helping to achieve the Sustainable Development Goals of Member States.

What this paper adds

- ▶ The detrimental impact of smoking on physical health and well-being has been widely documented throughout the world since the early 1960s. Numerous studies have also quantified the economic burden that smoking imposes on society through avoidable healthcare expenditures and via indirect losses associated with morbidity and mortality.
- ▶ These economic studies have mostly been undertaken in high-income countries, with less documentation available in developing countries. The rapidly rising burden of non-communicable diseases in developing countries has further heightened interest in measuring and monitoring the economic cost of associated risk factors such as tobacco use.
- ▶ This paper measures the economic cost of smoking-attributable diseases throughout the world, including in low- income and middle-income countries. To the best of our knowledge, there has previously been no peer reviewed study published on this subject. The same Cost of Illness method was applied to 152 countries, representing 97% of the world’s smokers. We found that diseases caused by smoking accounted for 5.7% of global health expenditure in 2012, while the total economic cost of smoking was equivalent to 1.8% of global gross domestic product (GDP).

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