Environmental accountability for tobacco product waste

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In this issue of Tobacco Control, Hoek et al report on a survey of a representative sample of New Zealand smokers and non-smokers on their knowledge, attitudes and suggestions for potential interventions regarding the problem of tobacco product waste (TPW), otherwise known as cigarette butts. TPW is increasingly recognised by the public as the most common waste item picked up on beach and urban cleanups globally, and both smokers and non-smokers in Hoek’s study recognised the potential environmental toxicity of TPW. Both also held smokers primarily responsible for preventing TPW, but after receiving additional information on the non-biodegradability of filters, more responsibility was assigned by both to the tobacco industry. However, the downstream perspective on TPW environmental accountability is still widely shared by most environmental groups, governments and the general public. Some environmental organisations are even supported by the tobacco industry as part of its ‘greenwashing’ efforts, and these well-meaning groups spend considerable time on clean-ups and in placing butt receptacles on beaches and street corners for TPW collection. Nonetheless, these efforts make little difference in mitigating the impact of trillions of cigarette butts dumped each year into the global environment. Simply put, clean-ups will not work to alleviate TPW disposal. The dumping of toxic cigarette butts will remain normative as long as there are cigarettes to be smoked and smoking restrictions are unenforced. In addition, any ‘biodegradable’ alternative to the cellulose acetate filter attached to more than 90% of commercially sold cigarettes will still leach out toxic chemicals into the environment for months. Further, such a marketing element will potentially encourage smokers to dump their butts with less concern. The industry tried for years and failed to develop a marketable and biodegradable alternative to the cellulose acetate filter, despite its growing sensitivity to the environmental concerns raised by these waste products. Increasingly, discarded e-cigarettes and used Juul pods now beset the environment as trash, creating additional concerns for electronic, plastic and other potentially harmful waste products.

Public health and environmental advocates need to recognise the significant overlap in each other’s objectives in the war on butts. However, both groups do understand the value and efficacy of upstream interventions in their respective bailiwicks. For public health professionals, anything that reduces the normative behaviour of smoking, discourages the uptake of smoking and prevents secondary or tertiary exposures to tobacco toxins in the environment is part of the ‘end game’ for tobacco use. This endgame notion calls for ‘new and politically risky’ approaches along with stronger community engagement to achieve the end of the tobacco epidemic.

For environmental professionals and advocates, extended producer responsibility (EPR), including contaminant source reduction and product changes, is a hallmark upstream approach to environmental protection. According to the Organisation for Economic Co-operation and Development, EPR is ‘a policy approach under which producers are given a significant responsibility—financial and/or physical—for the treatment or disposal of post-consumer products.’ This approach certainly seems to apply to TPW mitigation, as Hoek and others have asserted. Responsibility for TPW prevention extends across the entire life cycle of product use and disposal, but accountability has not yet been shifted upstream to the tobacco industry; it still remains with the epidemic’s victims or as an externality for which communities and taxpayers pay.

How might a coalition of environmental and public health groups enact policies to shift accountability for TPW upstream? First, the information gaps on TPW and filters identified by Hoek and others must be corrected. Cigarette filters are not biodegradable, nor do they protect against the harms of smoking. Second, filters are essentially an additive to the tobacco product and can thus be regulated through sales restrictions in many jurisdictions, as is now being done for flavoured additives in tobacco products. The sale of filtered cigarettes can be prohibited upstream in order to protect the environment while at the same time inhibiting the uptake of smoking by youth and encouraging quitting among current smokers. Third, more research is needed to understand the impact on smokers of a ban on the sales of filtered cigarettes, but this research would certainly follow the admonition to engage in ‘new and politically risky’ interventions to achieve the endgame against tobacco use.

The tobacco industry will likely use lawsuits, surrogate front groups, intense lobbying and extensive misinformation campaigns to resist any such EPR actions, as they have done with other public health interventions throughout recent history. They have used corporate social responsibility (CSR) to divert negative environmental public opinions, and they have funded beach clean-up programmes, lauded their own eco-consciousness and generally tried to deny any upstream responsibility for TPW. That can change with bold local, state or national environmental...
policies to shift accountability for TPW to the tobacco industry through EPR legislation. It can also change through the pursuit of legal remedies for TPW as a public nuisance and through increased public information about the impact of TPW, including that of e-cigarettes and Juul, on the environment and public health. In the case of TPW mitigation, public health and environmental advocates can engage with communities to undertake ‘bold and politically risky’ actions to bring accountability for the most commonly littered item on the planet back to the tobacco industry, where it belongs.

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